



BALANCED MINDS FC

# Play your best. Be your best.

Make sure you and everyone  
around you has a good time  
on and off the pitch.

**Play Your Part**  
(Code of Conduct)

**Young Players**

Play your part and support  
The FA's Code of Respect:



**Code of conduct**

**Players**

When playing and training with the club

I will

- Play fairly and be friendly.
- Play by the rules and respect everyone involved with the club.
- Shake hands with the other team win or lose.
- Always respect the referee and accept any decisions made.
- Listen carefully to what the coaches say.
- Talk to a sport's mental health first aider or welfare officer if I'm unhappy about anything.
- Encourage my teammates.



Part of the Sports Mental Health Organisation

- Respect the facilities home and away.
- Always have clean boots for match days.
- Help tidy up after every game and training sessions.
- Turn up to match days 15min before meeting time to spend time with the team before preparation for the game.

**I understand that if I do not follow the code.**

I may be:

- Be asked to apologize to whoever I've upset.
- Be asked to attend a meeting with club staff and your parents.
- Verbal warning.
- Club community service, help with club duties outside of training and matches.

Name.....

Phone number.....

Signature.....

Date.....

