Course title: Health & Safety Awareness

Duration: Half day

Maximum number of learners: 16

Course overview:

The purpose of this session is to provide learners with the basic knowledge to identify workplace hazards and contribute to the positive health and safety culture within the workplace

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Course learning outcomes:

By the end of the day, learners will be able to:

· Identify the legal duties of the employer
· Identify the legal duties of the employee
· State the consequences for failing to comply with Health and Safety Legislation
· List the methods the employer can communicate health and safety with employees.
· Define the terms 'hazard', 'risk' and 'control measures'
· Outline the risk assessment process
· State how a risk assessment can be used to reduce accidents and ill health at work
· State the common hazards found in the workplace
· Describe how common workplace hazards can cause harm or damage to people, organisations and property
· Describe the principles of risk control
· List examples of risk control for common workplace hazards
· Identify the categories of common workplace signage
· List the common causes of workplace accidents
· State the requirements for reporting workplace accidents
· List the factors which can contribute to causing accidents in the workplace

www.ctrcaretraining.co.uk
training@ctrcaretraining.co.uk
0345 395 0100