Course title: Enabling Care
Duration: Full day
Maximum number of learners: 16

Course overview:

This course has been designed and written to support the Social Services and Wellbeing Wales Act' core principles in providing the principles of quality and effective care to those in need.

It is suitable for anyone working with or in a care capacity.

Course learning outcomes:

By the end of this session, you should be able to:

- Define the terms Care and Care Worker
- Discuss and list the care worker's role in assisting people to achieve wellbeing, personal outcomes, utilising a person's strengths and abilities, whilst contributing to the aims and principles of the SSWB (Wales) Act 2014 and how enabling care supports this contribution.
- Discuss Human Rights and independence.
- List the principles of enabling care.
- Differentiate how enabling care differs from traditional care in the context of providing care.
- Discuss and cite the term risk and the impact on independence and choice.
- Define the terms Person Centred Care, Person Centred Thinking and Person-Centred Facilitation
- Person centred approach in involving individuals to take responsibility for their own service delivery plan – collaboration, having a voice, choice and control
- Understanding effective communication in order to motivate others – 'empowering conversations' not 'directive conversations.'
- Understanding the need to communicate with carers, other family members and other professionals involved.

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