



**Course title:** Catastrophic Bleeding & Tourniquets

**Duration:** Half day

**Maximum number of learners:** 12

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### **Course overview:**

Course is suitable for any person working in an outdoor or remote activity, as well as those within high-risk occupations such as agricultural, forestry & sawmills, farming, game & gun clubs, security, construction, as well as event medics and those with first aid or first responder qualifications that require an additional skill to enhance their existing first aid knowledge.

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### **Course learning outcomes:**

By the end of the session, the learner will be able to:

- Discuss the legal and ethical responsibilities of managing a catastrophic bleed.
- Discuss the changes to existing guidelines for catastrophic external bleeding.
- Define the term catastrophic bleeding.
- List the types of catastrophic bleeding.
- Define the term tourniquet.
- List the types of tourniquet for controlling catastrophic bleeding
- Discuss and demonstrate the appropriate control measures and tourniquet use.
- List the risks associated with incorrect use of a tourniquet.
- Explain the importance of patient aftercare and appropriate recording.