

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

F 20 to 29

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Troi Baxter	8	65	4:26:48	42.1600 6:20/M
	5.27km		65	30:25	5.27000 5:46/M
	10.54km		65	31:07	5.27000 5:54/M
	lap 3		65	32:31	5.27000 6:10/M
	Half		65	31:57	5.27000 6:04/M
	lap 5		65	35:26	5.27000 6:43/M
	lap 6		65	36:16	5.27000 6:53/M
	lap 7		65	36:39	5.27000 6:57/M
	Marathon		65	32:26	5.27000 6:09/M
2	abigail jackson	8	179	4:46:21	42.1600 6:48/M
	5.27km		179	33:44	5.27000 6:24/M
	10.54km		179	34:22	5.27000 6:31/M
	lap 3		179	32:53	5.27000 6:15/M
	Half		179	32:49	5.27000 6:14/M
	lap 5		179	44:08	5.27000 8:23/M
	lap 6		179	34:39	5.27000 6:35/M
	lap 7		179	36:27	5.27000 6:55/M
	Marathon		179	37:16	5.27000 7:04/M
3	Sophie Coleman	8	201	5:28:44	42.1600 7:48/M
	5.27km		201	30:52	5.27000 5:51/M
	10.54km		201	31:50	5.27000 6:03/M
	lap 3		201	35:06	5.27000 6:40/M
	Half		201	38:05	5.27000 7:14/M
	lap 5		201	46:33	5.27000 8:50/M
	lap 6		201	41:18	5.27000 7:50/M
	lap 7		201	47:45	5.27000 9:04/M
	Marathon		201	57:12	5.27000 10:51/M
4	Emily Green	8	222	6:06:27	42.1600 8:42/M
	5.27km		222	39:14	5.27000 7:27/M
	10.54km		222	36:57	5.27000 7:01/M
	lap 3		222	43:56	5.27000 8:20/M
	Half		222	42:33	5.27000 8:05/M
	lap 5		222	52:00	5.27000 9:52/M
	lap 6		222	46:34	5.27000 8:50/M
	lap 7		222	52:42	5.27000 10:00/M
	Marathon		222	52:26	5.27000 9:57/M
5	Natasha Michael	6	216	3:31:48	31.6200 6:42/M
	5.27km		216	30:46	5.27000 5:50/M
	10.54km		216	31:16	5.27000 5:56/M
	lap 3		216	34:41	5.27000 6:35/M
	Half		216	36:59	5.27000 7:01/M
	lap 5		216	39:10	5.27000 7:26/M
	lap 6		216	38:53	5.27000 7:23/M
6	Sophie Carter	4	208	2:02:37	21.0800 5:49/M
	5.27km		208	30:14	5.27000 5:44/M
	10.54km		208	29:59	5.27000 5:41/M
	lap 3		208	30:55	5.27000 5:52/M
	Half		208	31:27	5.27000 5:58/M
7	Harriet Palmer	4	213	2:02:38	21.0800 5:49/M
	5.27km		213	30:16	5.27000 5:45/M
	10.54km		213	30:00	5.27000 5:42/M

lap 3	213	30:53	5.27000	5:52/M
Half	213	31:28	5.27000	5:58/M
8 Sian Abbott	4	112	2:47:50	21.0800 7:58/M
5.27km	112	36:06	5.27000	6:51/M
10.54km	112	38:57	5.27000	7:23/M
lap 3	112	44:46	5.27000	8:30/M
Half	112	48:00	5.27000	9:07/M
9 Emily Strickland	3	125	2:45:06	15.8100 10:27/M
5.27km	125	36:32	5.27000	6:56/M
10.54km	125	1:23:37	5.27000	15:52/M
lap 3	125	44:56	5.27000	8:32/M

F 30 to 39

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Bec Nally	8	43	5:49:56	42.1600 8:18/M
	5.27km		43	36:31	5.27000 6:56/M
	10.54km		43	36:46	5.27000 6:59/M
	lap 3		43	40:09	5.27000 7:37/M
	Half		43	46:01	5.27000 8:44/M
	lap 5		43	43:02	5.27000 8:10/M
	lap 6		43	47:27	5.27000 9:00/M
	lap 7		43	49:23	5.27000 9:22/M
	Marathon		43	50:32	5.27000 9:35/M
2	Fiona Price	5	105	4:34:19	26.3500 10:25/M
	5.27km		105	41:40	5.27000 7:54/M
	10.54km		105	47:19	5.27000 8:59/M
	lap 3		105	1:00:38	5.27000 11:31/M
	Half		105	56:41	5.27000 10:45/M
	lap 5		105	1:07:58	5.27000 12:54/M
3	Hannah Richardson	4	21	2:43:55	21.0800 7:47/M
	5.27km		21	36:23	5.27000 6:54/M
	10.54km		21	39:03	5.27000 7:25/M
	lap 3		21	42:45	5.27000 8:07/M
	Half		21	45:43	5.27000 8:41/M
4	Laura Wedgbury	4	192	2:47:38	21.0800 7:57/M
	5.27km		192	36:04	5.27000 6:51/M
	10.54km		192	38:57	5.27000 7:24/M
	lap 3		192	44:44	5.27000 8:29/M
	Half		192	47:52	5.27000 9:05/M
5	Abigail Alderton	4	17	3:07:22	21.0800 8:53/M
	5.27km		17	38:02	5.27000 7:13/M
	10.54km		17	40:08	5.27000 7:37/M
	lap 3		17	48:56	5.27000 9:17/M
	Half		17	1:00:15	5.27000 11:26/M
6	Emily Lowrie	4	163	3:17:02	21.0800 9:21/M
	5.27km		163	45:06	5.27000 8:34/M
	10.54km		163	47:18	5.27000 8:59/M
	lap 3		163	49:58	5.27000 9:29/M
	Half		163	54:38	5.27000 10:22/M
7	Anastasia Wright	4	224	3:17:02	21.0800 9:21/M
	5.27km		224	45:06	5.27000 8:34/M
	10.54km		224	47:18	5.27000 8:59/M
	lap 3		224	49:58	5.27000 9:29/M
	Half		224	54:38	5.27000 10:22/M
8	Rachel Martell	2	91	1:14:05	10.5400 7:02/M
	5.27km		91	36:01	5.27000 6:50/M

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Lap Results - Age Group Detail

Haughley Park

F 30 to 39

Pos.	Name	Laps	Bib No	Time	Distance / Pace
8	Rachel Martell	2	91	1:14:05	10.5400 7:02/M
	10.54km		91	38:04	5.27000 7:13/M
9	Louise Knights	2	77	1:15:54	10.5400 7:12/M
	5.27km		77	37:12	5.27000 7:04/M
	10.54km		77	38:42	5.27000 7:21/M
10	Kimberley Clements	2	22	1:18:26	10.5400 7:27/M
	5.27km		22	39:16	5.27000 7:27/M
	10.54km		22	39:10	5.27000 7:26/M
11	Jessica Wirth	2	76	1:41:23	10.5400 9:37/M
	5.27km		76	48:18	5.27000 9:10/M
	10.54km		76	53:05	5.27000 10:04/M
12	Marie Pak	2	129	1:54:24	10.5400 10:51/M
	5.27km		129	58:30	5.27000 11:06/M
	10.54km		129	55:54	5.27000 10:36/M
13	Victoria Daughtrey	1	211	35:00	5.27000 6:39/M
	5.27km		211	35:00	5.27000 6:39/M
14	Kate Truelove	1	41	35:01	5.27000 6:39/M
	5.27km		41	35:01	5.27000 6:39/M
15	Christina Latta	1	25	41:43	5.27000 7:55/M
	5.27km		25	41:43	5.27000 7:55/M

F 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Kate Gooding	10	27	5:46:13	52.7000 6:34/M
	5.27km		27	32:24	5.27000 6:09/M
	10.54km		27	32:41	5.27000 6:12/M
	lap 3		27	32:11	5.27000 6:07/M
	Half		27	36:53	5.27000 7:00/M
	lap 5		27	34:36	5.27000 6:34/M
	lap 6		27	34:47	5.27000 6:36/M
	lap 7		27	36:14	5.27000 6:53/M
	Marathon		27	34:49	5.27000 6:37/M
	lap 9 Ultra		27	36:48	5.27000 6:59/M
	lap 10 Ultra		27	34:44	5.27000 6:35/M
2	Sarah Whitelock	9	143	5:44:00	47.4300 7:15/M
	5.27km		143	33:13	5.27000 6:18/M
	10.54km		143	34:04	5.27000 6:28/M
	lap 3		143	35:36	5.27000 6:45/M
	Half		143	37:03	5.27000 7:02/M
	lap 5		143	39:10	5.27000 7:26/M
	lap 6		143	43:30	5.27000 8:15/M
	lap 7		143	41:21	5.27000 7:51/M
	Marathon		143	40:25	5.27000 7:40/M
	lap 9 Ultra		143	39:33	5.27000 7:30/M
3	Christina Spooner	8	133	4:19:24	42.1600 6:09/M
	5.27km		133	30:24	5.27000 5:46/M
	10.54km		133	30:10	5.27000 5:44/M
	lap 3		133	30:15	5.27000 5:44/M
	Half		133	32:03	5.27000 6:05/M
	lap 5		133	32:41	5.27000 6:12/M

lap 6	133	32:56	5.27000	6:15/M
lap 7	133	36:57	5.27000	7:01/M
Marathon	133	33:54	5.27000	6:26/M
4 Kerry Bullen	8	64	4:28:15	42.1600 6:22/M
5.27km	64	30:29	5.27000	5:47/M
10.54km	64	31:05	5.27000	5:54/M
lap 3	64	32:27	5.27000	6:09/M
Half	64	31:57	5.27000	6:04/M
lap 5	64	35:26	5.27000	6:43/M
lap 6	64	36:15	5.27000	6:53/M
lap 7	64	36:42	5.27000	6:58/M
Marathon	64	33:50	5.27000	6:25/M
5 Irena Marcinek	8	60	4:35:32	42.1600 6:32/M
5.27km	60	29:50	5.27000	5:40/M
10.54km	60	30:28	5.27000	5:47/M
lap 3	60	31:12	5.27000	5:55/M
Half	60	32:26	5.27000	6:09/M
lap 5	60	37:47	5.27000	7:10/M
lap 6	60	37:24	5.27000	7:06/M
lap 7	60	39:04	5.27000	7:25/M
Marathon	60	37:18	5.27000	7:05/M
6 Sara Margason	8	2	5:33:15	42.1600 7:54/M
5.27km	2	35:28	5.27000	6:44/M
10.54km	2	35:56	5.27000	6:49/M
lap 3	2	37:54	5.27000	7:12/M
Half	2	39:04	5.27000	7:25/M
lap 5	2	40:10	5.27000	7:37/M
lap 6	2	45:40	5.27000	8:40/M
lap 7	2	47:31	5.27000	9:01/M
Marathon	2	51:29	5.27000	9:46/M
7 Kerry Surkitt	8	128	5:37:49	42.1600 8:01/M
5.27km	128	33:50	5.27000	6:25/M
10.54km	128	34:21	5.27000	6:31/M
lap 3	128	37:50	5.27000	7:11/M
Half	128	41:34	5.27000	7:53/M
lap 5	128	49:04	5.27000	9:19/M
lap 6	128	52:55	5.27000	10:03/M
lap 7	128	45:46	5.27000	8:41/M
Marathon	128	42:25	5.27000	8:03/M
8 Julia Sudbury	8	93	6:01:17	42.1600 8:34/M
5.27km	93	41:03	5.27000	7:47/M
10.54km	93	39:52	5.27000	7:34/M
lap 3	93	41:13	5.27000	7:49/M
Half	93	44:55	5.27000	8:31/M
lap 5	93	1:15:19	5.27000	14:18/M
lap 6	93	40:23	5.27000	7:40/M
lap 7	93	37:57	5.27000	7:12/M
Marathon	93	40:32	5.27000	7:42/M
9 Eloise Brame	8	104	6:05:24	42.1600 8:40/M
5.27km	104	36:37	5.27000	6:57/M
10.54km	104	39:50	5.27000	7:34/M
lap 3	104	40:48	5.27000	7:45/M
Half	104	47:11	5.27000	8:57/M
lap 5	104	58:52	5.27000	11:10/M
lap 6	104	47:51	5.27000	9:05/M
lap 7	104	46:06	5.27000	8:45/M

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Lap Results - Age Group Detail

Haughley Park

F 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
9	Eloise Brame	8	104	6:05:24	42.1600 8:40/M
	Marathon		104	48:06	5.27000 9:08/M
10	Caryn Bayles	8	56	6:13:12	42.1600 8:51/M
	5.27km		56	35:11	5.27000 6:41/M
	10.54km		56	37:06	5.27000 7:02/M
	lap 3		56	40:05	5.27000 7:36/M
	Half		56	46:19	5.27000 8:47/M
	lap 5		56	50:24	5.27000 9:34/M
	lap 6		56	53:49	5.27000 10:13/M
	lap 7		56	56:43	5.27000 10:46/M
	Marathon		56	53:32	5.27000 10:10/M
11	Caroline Brown	6	209	3:23:16	31.6200 6:26/M
	5.27km		209	32:56	5.27000 6:15/M
	10.54km		209	32:17	5.27000 6:08/M
	lap 3		209	34:01	5.27000 6:27/M
	Half		209	32:14	5.27000 6:07/M
	lap 5		209	32:59	5.27000 6:16/M
	lap 6		209	38:47	5.27000 7:22/M
12	Claire Emery	6	178	4:22:39	31.6200 8:18/M
	5.27km		178	38:03	5.27000 7:13/M
	10.54km		178	39:43	5.27000 7:32/M
	lap 3		178	41:04	5.27000 7:48/M
	Half		178	44:01	5.27000 8:21/M
	lap 5		178	45:59	5.27000 8:44/M
	lap 6		178	53:46	5.27000 10:12/M
13	Liz Priestley	6	44	4:39:27	31.6200 8:50/M
	5.27km		44	36:20	5.27000 6:54/M
	10.54km		44	37:27	5.27000 7:06/M
	lap 3		44	42:14	5.27000 8:01/M
	Half		44	47:20	5.27000 8:59/M
	lap 5		44	1:01:56	5.27000 11:45/M
	lap 6		44	54:07	5.27000 10:16/M
14	Sarah Davison	5	205	2:53:31	26.3500 6:35/M
	5.27km		205	31:58	5.27000 6:04/M
	10.54km		205	32:41	5.27000 6:12/M
	lap 3		205	36:38	5.27000 6:57/M
	Half		205	35:53	5.27000 6:49/M
	lap 5		205	36:19	5.27000 6:54/M
15	Deborah Vaughan	5	141	4:16:19	26.3500 9:44/M
	5.27km		141	44:13	5.27000 8:24/M
	10.54km		141	44:42	5.27000 8:29/M
	lap 3		141	50:06	5.27000 9:30/M
	Half		141	56:15	5.27000 10:41/M
	lap 5		141	1:01:01	5.27000 11:35/M
16	Lisa Redman	4	199	2:15:18	21.0800 6:25/M
	5.27km		199	33:20	5.27000 6:20/M
	10.54km		199	33:24	5.27000 6:20/M
	lap 3		199	34:12	5.27000 6:30/M
	Half		199	34:21	5.27000 6:31/M
17	Amanda Smith	4	88	2:16:30	21.0800 6:29/M

	5.27km		88	33:29	5.27000 6:21/M
	10.54km		88	34:18	5.27000 6:31/M
	lap 3		88	34:13	5.27000 6:30/M
	Half		88	34:29	5.27000 6:33/M
18	Philippa O'Brien	4	59	2:22:55	21.0800 6:47/M
	5.27km		59	29:40	5.27000 5:38/M
	10.54km		59	34:07	5.27000 6:28/M
	lap 3		59	36:03	5.27000 6:51/M
	Half		59	43:04	5.27000 8:10/M
19	Rowan York-Smith	4	57	2:24:56	21.0800 6:53/M
	5.27km		57	36:00	5.27000 6:50/M
	10.54km		57	38:04	5.27000 7:13/M
	lap 3		57	34:26	5.27000 6:32/M
	Half		57	36:24	5.27000 6:55/M
20	Tracey Marsh	4	189	2:25:44	21.0800 6:55/M
	5.27km		189	35:28	5.27000 6:44/M
	10.54km		189	41:06	5.27000 7:48/M
	lap 3		189	32:44	5.27000 6:13/M
	Half		189	36:26	5.27000 6:55/M
21	Bronwen Sarginson	4	155	2:47:38	21.0800 7:57/M
	5.27km		155	36:32	5.27000 6:56/M
	10.54km		155	38:30	5.27000 7:18/M
	lap 3		155	44:44	5.27000 8:29/M
	Half		155	47:50	5.27000 9:05/M
22	Julie Horn	4	223	2:55:03	21.0800 8:18/M
	5.27km		223	41:00	5.27000 7:47/M
	10.54km		223	41:26	5.27000 7:52/M
	lap 3		223	44:37	5.27000 8:28/M
	Half		223	47:58	5.27000 9:06/M
23	Suzannah Sinden	4	126	2:55:33	21.0800 8:20/M
	5.27km		126	43:19	5.27000 8:13/M
	10.54km		126	42:56	5.27000 8:09/M
	lap 3		126	45:13	5.27000 8:35/M
	Half		126	44:04	5.27000 8:22/M
24	Julia Pelham	4	16	2:55:34	21.0800 8:20/M
	5.27km		16	43:20	5.27000 8:13/M
	10.54km		16	42:55	5.27000 8:09/M
	lap 3		16	45:13	5.27000 8:35/M
	Half		16	44:04	5.27000 8:22/M
25	Wendy Randall	4	102	2:58:35	21.0800 8:28/M
	5.27km		102	36:28	5.27000 6:55/M
	10.54km		102	40:47	5.27000 7:44/M
	lap 3		102	53:11	5.27000 10:06/M
	Half		102	48:07	5.27000 9:08/M
26	Shelly Black	4	167	3:22:37	21.0800 9:37/M
	5.27km		167	43:36	5.27000 8:16/M
	10.54km		167	47:41	5.27000 9:03/M
	lap 3		167	52:06	5.27000 9:53/M
	Half		167	59:13	5.27000 11:14/M
27	Nicole Senz	4	121	3:37:00	21.0800 10:18/M
	5.27km		121	49:22	5.27000 9:22/M
	10.54km		121	51:57	5.27000 9:51/M
	lap 3		121	1:08:19	5.27000 12:58/M
	Half		121	47:20	5.27000 8:59/M
28	Nadine Hope	3	123	3:16:48	15.8100 12:27/M
	5.27km		123	56:49	5.27000 10:47/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

F 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
28	nadine hope	3	123	3:16:48	15.8100 12:27/M
	10.54km		123	1:03:21	5.27000 12:01/M
	lap 3		123	1:16:37	5.27000 14:32/M
29	Amy Wright	2	124	1:33:50	10.5400 8:54/M
	5.27km		124	46:25	5.27000 8:49/M
	10.54km		124	47:24	5.27000 9:00/M

F 50 to 59

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Caroline Peek	9	48	5:45:34	47.4300 7:17/M
	5.27km		48	33:03	5.27000 6:16/M
	10.54km		48	35:03	5.27000 6:39/M
	lap 3		48	36:05	5.27000 6:51/M
	Half		48	36:36	5.27000 6:57/M
	lap 5		48	38:59	5.27000 7:24/M
	lap 6		48	45:41	5.27000 8:40/M
	lap 7		48	44:02	5.27000 8:21/M
	Marathon		48	38:44	5.27000 7:21/M
	lap 9 Ultra		48	37:18	5.27000 7:05/M
2	Karen Hamilton	9	114	5:51:25	47.4300 7:25/M
	5.27km		114	34:57	5.27000 6:38/M
	10.54km		114	34:18	5.27000 6:31/M
	lap 3		114	35:49	5.27000 6:48/M
	Half		114	37:49	5.27000 7:11/M
	lap 5		114	40:37	5.27000 7:43/M
	lap 6		114	42:44	5.27000 8:07/M
	lap 7		114	41:17	5.27000 7:50/M
	Marathon		114	42:32	5.27000 8:04/M
	lap 9 Ultra		114	41:18	5.27000 7:50/M
3	Victoria Pinch	8	1	5:33:16	42.1600 7:54/M
	5.27km		1	35:28	5.27000 6:44/M
	10.54km		1	35:57	5.27000 6:49/M
	lap 3		1	37:53	5.27000 7:11/M
	Half		1	39:04	5.27000 7:25/M
	lap 5		1	40:10	5.27000 7:37/M
	lap 6		1	45:41	5.27000 8:40/M
	lap 7		1	47:30	5.27000 9:01/M
	Marathon		1	51:29	5.27000 9:46/M
4	Lynn Roberts	8	140	5:44:28	42.1600 8:10/M
	5.27km		140	31:50	5.27000 6:03/M
	10.54km		140	32:51	5.27000 6:14/M
	lap 3		140	35:23	5.27000 6:43/M
	Half		140	45:53	5.27000 8:43/M
	lap 5		140	46:37	5.27000 8:51/M
	lap 6		140	57:05	5.27000 10:50/M
	lap 7		140	46:14	5.27000 8:46/M
	Marathon		140	48:31	5.27000 9:12/M
5	Bridget Daynes	8	175	5:45:36	42.1600 8:12/M
	5.27km		175	32:07	5.27000 6:06/M
	10.54km		175	35:19	5.27000 6:42/M

lap 3	175	37:07	5.27000	7:03/M
Half	175	44:15	5.27000	8:24/M
lap 5	175	47:28	5.27000	9:01/M
lap 6	175	50:32	5.27000	9:35/M
lap 7	175	50:14	5.27000	9:32/M
Marathon	175	48:31	5.27000	9:12/M

6	Linda Nobbs	5	14	4:30:21	26.3500 10:16/M
	5.27km		14	43:42	5.27000 8:18/M
	10.54km		14	49:52	5.27000 9:28/M
	lap 3		14	53:41	5.27000 10:11/M
	Half		14	57:11	5.27000 10:51/M
	lap 5		14	1:05:53	5.27000 12:30/M

7	Mary Narey	4	120	2:01:48	21.0800 5:47/M
	5.27km		120	30:47	5.27000 5:51/M
	10.54km		120	29:56	5.27000 5:41/M
	lap 3		120	30:16	5.27000 5:45/M
	Half		120	30:47	5.27000 5:51/M

8	Lisa Houghton	4	135	2:29:39	21.0800 7:06/M
	5.27km		135	35:02	5.27000 6:39/M
	10.54km		135	36:56	5.27000 7:01/M
	lap 3		135	38:50	5.27000 7:22/M
	Half		135	38:50	5.27000 7:22/M

9	Tracey Bowen-Jones	4	150	2:31:19	21.0800 7:11/M
	5.27km		150	33:17	5.27000 6:19/M
	10.54km		150	36:41	5.27000 6:58/M
	lap 3		150	37:03	5.27000 7:02/M
	Half		150	44:16	5.27000 8:24/M

10	Carolyn Garner	4	11	3:11:26	21.0800 9:05/M
	5.27km		11	38:44	5.27000 7:21/M
	10.54km		11	43:29	5.27000 8:15/M
	lap 3		11	53:00	5.27000 10:03/M
	Half		11	56:13	5.27000 10:40/M

11	Sheli Blackburn	2	90	1:04:28	10.5400 6:07/M
	5.27km		90	31:23	5.27000 5:57/M
	10.54km		90	33:05	5.27000 6:17/M

12	Eloise Bird	2	182	1:17:07	10.5400 7:19/M
	5.27km		182	38:03	5.27000 7:13/M
	10.54km		182	39:04	5.27000 7:25/M

13	Sue Smith	2	173	1:59:42	10.5400 11:21/M
	5.27km		173	59:23	5.27000 11:16/M
	10.54km		173	1:00:18	5.27000 11:27/M

14	Geraldine Clarke	1	85	31:06	5.27000 5:54/M
	5.27km		85	31:06	5.27000 5:54/M

F 60 to 69

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Kate Dunnett	5	32	5:22:06	26.3500 12:13/M
	5.27km		32	56:46	5.27000 10:46/M
	10.54km		32	1:00:24	5.27000 11:28/M
	lap 3		32	1:04:00	5.27000 12:09/M
	Half		32	1:05:49	5.27000 12:30/M
	lap 5		32	1:15:04	5.27000 14:15/M

F 70 to 79

Pos.	Name	Laps	Bib No	Time	Distance / Pace
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Haughley Park

F 70 to 79

<u>Pos.</u>	<u>Name</u>	<u>Laps</u>	<u>Bib No</u>	<u>Time</u>	<u>Distance / Pace</u>	
1	Jenny Huff	5	193	3:51:03	26.3500	8:46/M
	5.27km		193	44:47	5.27000	8:30/M
	10.54km		193	55:14	5.27000	10:29/M
	lap 3		193	12:08	5.27000	2:18/M
	Half		193	55:18	5.27000	10:30/M
	lap 5		193	1:03:34	5.27000	12:04/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

MU20

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Harry Jordison	4	158	2:56:31	21.0800 8:22/M
	5.27km		158	34:23	5.27000 6:32/M
	10.54km		158	46:21	5.27000 8:48/M
	lap 3		158	44:20	5.27000 8:25/M
	Half		158	51:26	5.27000 9:46/M
2	Hugh Clarke	3	84	1:13:44	15.8100 4:40/M
	5.27km		84	23:34	5.27000 4:28/M
	10.54km		84	26:21	5.27000 5:00/M
	lap 3		84	23:48	5.27000 4:31/M

M 20 to 29

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Josh Holman	10	187	3:58:30	52.7000 4:32/M
	5.27km		187	21:20	5.27000 4:03/M
	10.54km		187	21:44	5.27000 4:07/M
	lap 3		187	21:55	5.27000 4:10/M
	Half		187	22:35	5.27000 4:17/M
	lap 5		187	23:33	5.27000 4:28/M
	lap 6		187	23:52	5.27000 4:32/M
	lap 7		187	24:51	5.27000 4:43/M
	Marathon		187	26:26	5.27000 5:01/M
	lap 9 Ultra		187	26:06	5.27000 4:57/M
	lap 10 Ultra		187	26:02	5.27000 4:57/M
2	Matt Starie	8	97	4:38:19	42.1600 6:36/M
	5.27km		97	27:20	5.27000 5:11/M
	10.54km		97	26:52	5.27000 5:06/M
	lap 3		97	29:53	5.27000 5:40/M
	Half		97	33:26	5.27000 6:21/M
	lap 5		97	38:27	5.27000 7:18/M
	lap 6		97	41:54	5.27000 7:57/M
	lap 7		97	42:40	5.27000 8:06/M
	Marathon		97	37:44	5.27000 7:10/M
3	Kingsley Phillips	8	180	4:46:22	42.1600 6:48/M
	5.27km		180	35:27	5.27000 6:44/M
	10.54km		180	32:40	5.27000 6:12/M
	lap 3		180	32:55	5.27000 6:15/M
	Half		180	33:20	5.27000 6:20/M
	lap 5		180	43:35	5.27000 8:16/M
	lap 6		180	36:41	5.27000 6:58/M
	lap 7		180	34:25	5.27000 6:32/M
	Marathon		180	37:16	5.27000 7:04/M
4	Ben Brimmer	8	157	5:32:59	42.1600 7:54/M
	5.27km		157	35:19	5.27000 6:42/M
	10.54km		157	38:19	5.27000 7:16/M
	lap 3		157	37:56	5.27000 7:12/M
	Half		157	37:54	5.27000 7:12/M
	lap 5		157	39:50	5.27000 7:34/M
	lap 6		157	43:23	5.27000 8:14/M
	lap 7		157	52:38	5.27000 9:59/M
	Marathon		157	47:36	5.27000 9:02/M

5	Jack Pennell	4	72	2:32:47	21.0800 7:15/M
	5.27km		72	35:21	5.27000 6:43/M
	10.54km		72	38:16	5.27000 7:16/M
	lap 3		72	37:56	5.27000 7:12/M
	Half		72	41:12	5.27000 7:49/M

M 30 to 39

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Jack Carpenter	10	103	4:59:52	52.7000 5:41/M
	5.27km		103	24:59	5.27000 4:45/M
	10.54km		103	25:19	5.27000 4:48/M
	lap 3		103	28:16	5.27000 5:22/M
	Half		103	26:30	5.27000 5:02/M
	lap 5		103	30:38	5.27000 5:49/M
	lap 6		103	29:41	5.27000 5:38/M
	lap 7		103	34:08	5.27000 6:29/M
	Marathon		103	35:20	5.27000 6:42/M
	lap 9 Ultra		103	32:06	5.27000 6:05/M
	lap 10 Ultra		103	32:51	5.27000 6:14/M
2	Chris Bayles	9	55	5:58:05	47.4300 7:33/M
	5.27km		55	29:44	5.27000 5:39/M
	10.54km		55	29:39	5.27000 5:38/M
	lap 3		55	31:32	5.27000 5:59/M
	Half		55	30:00	5.27000 5:42/M
	lap 5		55	35:54	5.27000 6:49/M
	lap 6		55	49:45	5.27000 9:27/M
	lap 7		55	50:06	5.27000 9:30/M
	Marathon		55	50:55	5.27000 9:40/M
	lap 9 Ultra		55	50:25	5.27000 9:34/M
3	Jason Cooper	8	220	4:15:09	42.1600 6:03/M
	5.27km		220	26:05	5.27000 4:57/M
	10.54km		220	26:44	5.27000 5:05/M
	lap 3		220	27:19	5.27000 5:11/M
	Half		220	28:55	5.27000 5:29/M
	lap 5		220	31:26	5.27000 5:58/M
	lap 6		220	34:19	5.27000 6:31/M
	lap 7		220	41:49	5.27000 7:56/M
	Marathon		220	38:28	5.27000 7:18/M
4	Danny Crawte	8	38	5:09:12	42.1600 7:20/M
	5.27km		38	30:41	5.27000 5:49/M
	10.54km		38	31:16	5.27000 5:56/M
	lap 3		38	32:04	5.27000 6:05/M
	Half		38	33:57	5.27000 6:27/M
	lap 5		38	41:50	5.27000 7:56/M
	lap 6		38	43:14	5.27000 8:12/M
	lap 7		38	47:45	5.27000 9:04/M
	Marathon		38	48:22	5.27000 9:11/M
5	John Harrison	8	89	5:44:12	42.1600 8:10/M
	5.27km		89	29:14	5.27000 5:33/M
	10.54km		89	32:03	5.27000 6:05/M
	lap 3		89	33:18	5.27000 6:19/M
	Half		89	46:33	5.27000 8:50/M
	lap 5		89	52:06	5.27000 9:53/M
	lap 6		89	50:22	5.27000 9:34/M
	lap 7		89	50:45	5.27000 9:38/M
	Marathon		89	49:48	5.27000 9:27/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

M 30 to 39

Pos.	Name	Laps	Bib No	Time	Distance / Pace
6	Michael Strowger	6	194	2:41:39	31.6200 5:07/M
	5.27km		194	25:28	5.27000 4:50/M
	10.54km		194	25:27	5.27000 4:50/M
	lap 3		194	25:58	5.27000 4:56/M
	Half		194	28:49	5.27000 5:28/M
	lap 5		194	27:38	5.27000 5:15/M
	lap 6		194	28:17	5.27000 5:22/M
7	Andrew Gayford	6	54	5:37:37	31.6200 10:41/M
	5.27km		54	37:31	5.27000 7:07/M
	10.54km		54	36:11	5.27000 6:52/M
	lap 3		54	45:58	5.27000 8:44/M
	Half		54	40:13	5.27000 7:38/M
	lap 5		54	1:50:02	5.27000 20:53/M
	lap 6		54	1:07:38	5.27000 12:50/M
8	Darren Smith	5	166	2:30:27	26.3500 5:43/M
	5.27km		166	27:32	5.27000 5:14/M
	10.54km		166	28:56	5.27000 5:30/M
	lap 3		166	31:36	5.27000 6:00/M
	Half		166	29:26	5.27000 5:35/M
	lap 5		166	32:54	5.27000 6:15/M
9	James Gosden	4	153	1:59:26	21.0800 5:40/M
	5.27km		153	27:06	5.27000 5:09/M
	10.54km		153	29:37	5.27000 5:37/M
	lap 3		153	31:53	5.27000 6:03/M
	Half		153	30:48	5.27000 5:51/M
10	James Thomson	4	127	2:01:12	21.0800 5:45/M
	5.27km		127	27:43	5.27000 5:16/M
	10.54km		127	29:12	5.27000 5:33/M
	lap 3		127	31:42	5.27000 6:01/M
	Half		127	32:34	5.27000 6:11/M
11	Matthew Drewry	4	111	2:07:14	21.0800 6:02/M
	5.27km		111	30:41	5.27000 5:49/M
	10.54km		111	30:42	5.27000 5:50/M
	lap 3		111	31:40	5.27000 6:01/M
	Half		111	34:10	5.27000 6:29/M
12	Chris Freeman	4	212	2:17:49	21.0800 6:32/M
	5.27km		212	35:05	5.27000 6:40/M
	10.54km		212	34:18	5.27000 6:31/M
	lap 3		212	35:48	5.27000 6:48/M
	Half		212	32:36	5.27000 6:11/M
13	joe plant	4	176	2:20:55	21.0800 6:41/M
	5.27km		176	33:28	5.27000 6:21/M
	10.54km		176	34:18	5.27000 6:31/M
	lap 3		176	34:59	5.27000 6:38/M
	Half		176	38:08	5.27000 7:14/M
14	Stuart Lawn	4	30	2:43:56	21.0800 7:47/M
	5.27km		30	36:22	5.27000 6:54/M
	10.54km		30	39:02	5.27000 7:24/M
	lap 3		30	42:45	5.27000 8:07/M
	Half		30	45:45	5.27000 8:41/M

15	David Wilson	2	51	1:03:18	10.5400 6:00/M
	5.27km		51	33:08	5.27000 6:17/M
	10.54km		51	30:10	5.27000 5:44/M

M 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	Dan Graham	10	215	5:08:54	52.7000 5:52/M
	5.27km		215	28:09	5.27000 5:21/M
	10.54km		215	27:52	5.27000 5:17/M
	lap 3		215	28:22	5.27000 5:23/M
	Half		215	29:24	5.27000 5:35/M
	lap 5		215	30:15	5.27000 5:45/M
	lap 6		215	31:40	5.27000 6:01/M
	lap 7		215	32:48	5.27000 6:14/M
	Marathon		215	31:46	5.27000 6:02/M
	lap 9 Ultra		215	35:55	5.27000 6:49/M
	lap 10 Ultra		215	32:39	5.27000 6:12/M
2	Craig Bowen-Jones	10	149	5:17:39	52.7000 6:02/M
	5.27km		149	26:54	5.27000 5:06/M
	10.54km		149	27:48	5.27000 5:17/M
	lap 3		149	28:39	5.27000 5:26/M
	Half		149	28:35	5.27000 5:26/M
	lap 5		149	30:14	5.27000 5:44/M
	lap 6		149	31:22	5.27000 5:57/M
	lap 7		149	36:33	5.27000 6:56/M
	Marathon		149	35:07	5.27000 6:40/M
	lap 9 Ultra		149	37:43	5.27000 7:10/M
	lap 10 Ultra		149	34:39	5.27000 6:35/M
3	Alan Carter	10	37	5:20:29	52.7000 6:05/M
	5.27km		37	22:02	5.27000 4:11/M
	10.54km		37	28:41	5.27000 5:27/M
	lap 3		37	29:33	5.27000 5:36/M
	Half		37	29:08	5.27000 5:32/M
	lap 5		37	32:11	5.27000 6:07/M
	lap 6		37	32:56	5.27000 6:15/M
	lap 7		37	34:47	5.27000 6:36/M
	Marathon		37	37:38	5.27000 7:09/M
	lap 9 Ultra		37	37:23	5.27000 7:06/M
	lap 10 Ultra		37	36:05	5.27000 6:51/M
4	Stuart Clarke	10	58	5:42:05	52.7000 6:29/M
	5.27km		58	29:29	5.27000 5:36/M
	10.54km		58	30:07	5.27000 5:43/M
	lap 3		58	30:34	5.27000 5:48/M
	Half		58	33:46	5.27000 6:24/M
	lap 5		58	31:52	5.27000 6:03/M
	lap 6		58	35:10	5.27000 6:40/M
	lap 7		58	35:16	5.27000 6:42/M
	Marathon		58	36:20	5.27000 6:54/M
	lap 9 Ultra		58	39:34	5.27000 7:31/M
	lap 10 Ultra		58	39:53	5.27000 7:34/M
5	Philip Rusted	10	31	6:06:26	52.7000 6:57/M
	5.27km		31	27:20	5.27000 5:11/M
	10.54km		31	26:59	5.27000 5:07/M
	lap 3		31	27:38	5.27000 5:15/M
	Half		31	27:58	5.27000 5:18/M
	lap 5		31	36:29	5.27000 6:56/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

M 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
5	Philip Rusted	10	31	6:06:26	52.7000 6:57/M
	lap 6		31	31:01	5.27000 5:53/M
	lap 7		31	40:32	5.27000 7:42/M
	Marathon		31	43:16	5.27000 8:13/M
	lap 9 Ultra		31	52:42	5.27000 10:00/M
	lap 10 Ultra		31	52:26	5.27000 9:57/M
6	Stephen Blackaby	10	156	6:06:32	52.7000 6:57/M
	5.27km		156	30:11	5.27000 5:44/M
	10.54km		156	29:46	5.27000 5:39/M
	lap 3		156	35:31	5.27000 6:44/M
	Half		156	35:42	5.27000 6:46/M
	lap 5		156	40:20	5.27000 7:39/M
	lap 6		156	39:33	5.27000 7:30/M
	lap 7		156	42:08	5.27000 8:00/M
	Marathon		156	41:02	5.27000 7:47/M
	lap 9 Ultra		156	36:19	5.27000 6:54/M
	lap 10 Ultra		156	35:55	5.27000 6:49/M
7	Colin Mayes	9	19	5:09:38	47.4300 6:32/M
	5.27km		19	38:01	5.27000 7:13/M
	10.54km		19	36:31	5.27000 6:56/M
	lap 3		19	33:36	5.27000 6:23/M
	Half		19	33:38	5.27000 6:23/M
	lap 5		19	33:48	5.27000 6:25/M
	lap 6		19	34:29	5.27000 6:33/M
	lap 7		19	32:54	5.27000 6:15/M
	Marathon		19	33:57	5.27000 6:27/M
	lap 9 Ultra		19	32:40	5.27000 6:12/M
8	Martin Rowe	9	86	5:55:26	47.4300 7:30/M
	5.27km		86	30:04	5.27000 5:42/M
	10.54km		86	29:27	5.27000 5:35/M
	lap 3		86	31:03	5.27000 5:54/M
	Half		86	35:17	5.27000 6:42/M
	lap 5		86	37:37	5.27000 7:08/M
	lap 6		86	45:47	5.27000 8:41/M
	lap 7		86	46:57	5.27000 8:55/M
	Marathon		86	51:22	5.27000 9:45/M
	lap 9 Ultra		86	47:48	5.27000 9:04/M
9	Paul Davison	8	206	3:52:32	42.1600 5:31/M
	5.27km		206	25:16	5.27000 4:48/M
	10.54km		206	26:05	5.27000 4:57/M
	lap 3		206	26:04	5.27000 4:57/M
	Half		206	27:24	5.27000 5:12/M
	lap 5		206	28:54	5.27000 5:29/M
	lap 6		206	34:25	5.27000 6:32/M
	lap 7		206	33:23	5.27000 6:20/M
	Marathon		206	30:57	5.27000 5:53/M
10	Jay MacDonald	8	99	3:56:59	42.1600 5:37/M
	5.27km		99	25:59	5.27000 4:56/M
	10.54km		99	25:41	5.27000 4:52/M
	lap 3		99	26:06	5.27000 4:57/M
	Half		99	30:05	5.27000 5:43/M

	lap 5		99	31:20	5.27000 5:57/M
	lap 6		99	33:32	5.27000 6:22/M
	lap 7		99	32:20	5.27000 6:08/M
	Marathon		99	31:52	5.27000 6:03/M
11	Dean Pointer	8	82	4:17:37	42.1600 6:07/M
	5.27km		82	25:32	5.27000 4:51/M
	10.54km		82	26:49	5.27000 5:05/M
	lap 3		82	28:02	5.27000 5:19/M
	Half		82	28:39	5.27000 5:26/M
	lap 5		82	31:06	5.27000 5:54/M
	lap 6		82	34:07	5.27000 6:29/M
	lap 7		82	43:18	5.27000 8:13/M
	Marathon		82	40:00	5.27000 7:36/M
12	Dean Wainwright	8	8	4:37:17	42.1600 6:35/M
	5.27km		8	29:07	5.27000 5:32/M
	10.54km		8	29:32	5.27000 5:36/M
	lap 3		8	29:10	5.27000 5:32/M
	Half		8	30:12	5.27000 5:44/M
	lap 5		8	33:29	5.27000 6:21/M
	lap 6		8	38:24	5.27000 7:17/M
	lap 7		8	43:00	5.27000 8:10/M
	Marathon		8	44:21	5.27000 8:25/M
13	Sean Newson	8	119	4:41:29	42.1600 6:41/M
	5.27km		119	30:37	5.27000 5:49/M
	10.54km		119	31:19	5.27000 5:57/M
	lap 3		119	32:05	5.27000 6:05/M
	Half		119	32:43	5.27000 6:13/M
	lap 5		119	33:26	5.27000 6:21/M
	lap 6		119	41:30	5.27000 7:53/M
	lap 7		119	37:36	5.27000 7:08/M
	Marathon		119	42:08	5.27000 8:00/M
14	Andy Jones	8	96	4:48:11	42.1600 6:50/M
	5.27km		96	30:30	5.27000 5:47/M
	10.54km		96	30:05	5.27000 5:43/M
	lap 3		96	30:38	5.27000 5:49/M
	Half		96	32:24	5.27000 6:09/M
	lap 5		96	35:14	5.27000 6:41/M
	lap 6		96	39:59	5.27000 7:35/M
	lap 7		96	45:07	5.27000 8:34/M
	Marathon		96	44:10	5.27000 8:23/M
15	Steve Neumann	8	115	4:50:13	42.1600 6:53/M
	5.27km		115	26:09	5.27000 4:58/M
	10.54km		115	32:18	5.27000 6:08/M
	lap 3		115	29:06	5.27000 5:31/M
	Half		115	30:29	5.27000 5:47/M
	lap 5		115	47:33	5.27000 9:02/M
	lap 6		115	48:01	5.27000 9:07/M
	lap 7		115	40:23	5.27000 7:40/M
	Marathon		115	36:09	5.27000 6:52/M
16	Guy Hayward	8	214	5:04:20	42.1600 7:13/M
	5.27km		214	30:32	5.27000 5:48/M
	10.54km		214	33:42	5.27000 6:24/M
	lap 3		214	33:43	5.27000 6:24/M
	Half		214	38:21	5.27000 7:17/M
	lap 5		214	38:59	5.27000 7:24/M
	lap 6		214	42:29	5.27000 8:04/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

M 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
16	Guy Hayward	8	214	5:04:20	42.1600 7:13/M
	lap 7		214	44:06	5.27000 8:22/M
	Marathon		214	42:24	5.27000 8:03/M
17	Mark Blazey	8	154	5:16:12	42.1600 7:30/M
	5.27km		154	33:20	5.27000 6:20/M
	10.54km		154	31:32	5.27000 5:59/M
	lap 3		154	32:08	5.27000 6:06/M
	Half		154	37:09	5.27000 7:03/M
	lap 5		154	40:29	5.27000 7:41/M
	lap 6		154	47:15	5.27000 8:58/M
	lap 7		154	49:59	5.27000 9:29/M
	Marathon		154	44:18	5.27000 8:24/M
18	Jeroen Wuurman	8	122	5:21:28	42.1600 7:38/M
	5.27km		122	30:30	5.27000 5:47/M
	10.54km		122	31:32	5.27000 5:59/M
	lap 3		122	34:31	5.27000 6:33/M
	Half		122	37:56	5.27000 7:12/M
	lap 5		122	48:35	5.27000 9:13/M
	lap 6		122	38:58	5.27000 7:24/M
	lap 7		122	48:07	5.27000 9:08/M
	Marathon		122	51:17	5.27000 9:44/M
19	Steven Rooke	8	191	5:22:42	42.1600 7:39/M
	5.27km		191	32:04	5.27000 6:05/M
	10.54km		191	30:44	5.27000 5:50/M
	lap 3		191	34:39	5.27000 6:35/M
	Half		191	34:03	5.27000 6:28/M
	lap 5		191	43:56	5.27000 8:20/M
	lap 6		191	43:48	5.27000 8:19/M
	lap 7		191	49:23	5.27000 9:22/M
	Marathon		191	54:02	5.27000 10:15/M
20	Jamie Bransgrove	6	87	3:28:14	31.6200 6:35/M
	5.27km		87	28:51	5.27000 5:29/M
	10.54km		87	30:20	5.27000 5:46/M
	lap 3		87	31:11	5.27000 5:55/M
	Half		87	31:39	5.27000 6:00/M
	lap 5		87	39:11	5.27000 7:26/M
	lap 6		87	47:00	5.27000 8:55/M
21	paul mleczek	6	29	3:39:02	31.6200 6:56/M
	5.27km		29	32:14	5.27000 6:07/M
	10.54km		29	33:35	5.27000 6:22/M
	lap 3		29	33:37	5.27000 6:23/M
	Half		29	32:50	5.27000 6:14/M
	lap 5		29	40:28	5.27000 7:41/M
	lap 6		29	46:16	5.27000 8:47/M
22	DAVID SHAW	6	138	3:41:48	31.6200 7:01/M
	5.27km		138	31:51	5.27000 6:03/M
	10.54km		138	32:59	5.27000 6:16/M
	lap 3		138	34:37	5.27000 6:34/M
	Half		138	35:38	5.27000 6:46/M
	lap 5		138	39:30	5.27000 7:30/M
	lap 6		138	47:11	5.27000 8:57/M
23	Graham Bloomfield	6	45	4:39:30	31.6200 8:50/M
	5.27km		45	32:59	5.27000 6:16/M
	10.54km		45	33:25	5.27000 6:21/M
	lap 3		45	34:31	5.27000 6:33/M
	Half		45	38:40	5.27000 7:20/M
	lap 5		45	45:38	5.27000 8:40/M
	lap 6		45	1:34:14	5.27000 17:53/M
24	Mark Clues	4	94	1:40:34	21.0800 4:46/M
	5.27km		94	24:46	5.27000 4:42/M
	10.54km		94	24:40	5.27000 4:41/M
	lap 3		94	25:28	5.27000 4:50/M
	Half		94	25:38	5.27000 4:52/M
25	Stuart Clarke	4	83	1:43:10	21.0800 4:54/M
	5.27km		83	25:12	5.27000 4:47/M
	10.54km		83	25:29	5.27000 4:50/M
	lap 3		83	26:09	5.27000 4:58/M
	Half		83	26:18	5.27000 4:59/M
26	Dave Spooner	4	132	1:43:31	21.0800 4:55/M
	5.27km		132	25:29	5.27000 4:50/M
	10.54km		132	25:36	5.27000 4:52/M
	lap 3		132	26:01	5.27000 4:56/M
	Half		132	26:23	5.27000 5:01/M
27	Tim McMahan	4	118	1:44:50	21.0800 4:58/M
	5.27km		118	24:06	5.27000 4:35/M
	10.54km		118	27:02	5.27000 5:08/M
	lap 3		118	26:28	5.27000 5:02/M
	Half		118	27:12	5.27000 5:10/M
28	David Powles	4	36	1:49:53	21.0800 5:13/M
	5.27km		36	25:59	5.27000 4:56/M
	10.54km		36	26:49	5.27000 5:05/M
	lap 3		36	28:21	5.27000 5:23/M
	Half		36	28:43	5.27000 5:27/M
29	Mark Jones	4	183	2:04:11	21.0800 5:53/M
	5.27km		183	30:30	5.27000 5:47/M
	10.54km		183	30:06	5.27000 5:43/M
	lap 3		183	30:36	5.27000 5:49/M
	Half		183	32:58	5.27000 6:15/M
30	Robert McLeod	4	169	2:05:02	21.0800 5:56/M
	5.27km		169	31:36	5.27000 6:00/M
	10.54km		169	30:32	5.27000 5:48/M
	lap 3		169	30:32	5.27000 5:48/M
	Half		169	32:21	5.27000 6:08/M
31	Anthony Sinden	4	202	2:07:51	21.0800 6:04/M
	5.27km		202	28:28	5.27000 5:24/M
	10.54km		202	31:46	5.27000 6:02/M
	lap 3		202	35:30	5.27000 6:44/M
	Half		202	32:06	5.27000 6:06/M
32	David Rooney	4	168	2:15:22	21.0800 6:25/M
	5.27km		168	31:36	5.27000 6:00/M
	10.54km		168	31:04	5.27000 5:54/M
	lap 3		168	34:42	5.27000 6:35/M
	Half		168	37:59	5.27000 7:13/M
33	James Plowman	4	63	2:18:01	21.0800 6:33/M
	5.27km		63	30:29	5.27000 5:47/M
	10.54km		63	31:07	5.27000 5:54/M
	lap 3		63	34:13	5.27000 6:30/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

M 40 to 49

Pos.	Name	Laps	Bib No	Time	Distance / Pace
33	James Plowman	4	63	2:18:01	21.0800 6:33/M
	Half		63	42:11	5.27000 8:00/M
34	Morgan Crane	4	26	2:18:03	21.0800 6:33/M
	5.27km		26	32:26	5.27000 6:09/M
	10.54km		26	33:28	5.27000 6:21/M
	lap 3		26	33:49	5.27000 6:25/M
	Half		26	38:19	5.27000 7:16/M
35	Anthony Hagen	4	146	2:22:55	21.0800 6:47/M
	5.27km		146	29:39	5.27000 5:38/M
	10.54km		146	34:07	5.27000 6:28/M
	lap 3		146	36:03	5.27000 6:51/M
	Half		146	43:04	5.27000 8:10/M
36	Tim Cochrane	4	174	2:32:20	21.0800 7:14/M
	5.27km		174	34:00	5.27000 6:27/M
	10.54km		174	37:31	5.27000 7:07/M
	lap 3		174	39:29	5.27000 7:30/M
	Half		174	41:18	5.27000 7:50/M
37	Peter Bird	4	181	2:32:45	21.0800 7:15/M
	5.27km		181	32:51	5.27000 6:14/M
	10.54km		181	38:47	5.27000 7:22/M
	lap 3		181	40:43	5.27000 7:44/M
	Half		181	40:22	5.27000 7:40/M
38	Charlie Wilson	4	52	3:16:47	21.0800 9:20/M
	5.27km		52	33:03	5.27000 6:16/M
	10.54km		52	53:40	5.27000 10:11/M
	lap 3		52	50:09	5.27000 9:31/M
	Half		52	59:54	5.27000 11:22/M
39	Ian Sadler	1	62	35:00	5.27000 6:38/M
	5.27km		62	35:00	5.27000 6:38/M
40	Martin Truelove	1	40	35:01	5.27000 6:39/M
	5.27km		40	35:01	5.27000 6:39/M
41	Adam Latta	1	165	41:45	5.27000 7:55/M
	5.27km		165	41:45	5.27000 7:55/M

M 50 to 59

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	david graham	9	47	6:10:48	47.4300 7:49/M
	5.27km		47	33:02	5.27000 6:16/M
	10.54km		47	35:02	5.27000 6:39/M
	lap 3		47	36:07	5.27000 6:51/M
	Half		47	36:36	5.27000 6:57/M
	lap 5		47	39:01	5.27000 7:24/M
	lap 6		47	45:10	5.27000 8:34/M
	lap 7		47	45:33	5.27000 8:39/M
	Marathon		47	51:50	5.27000 9:50/M
	lap 9 Ultra		47	48:23	5.27000 9:11/M
2	Brett Bayliss	8	75	5:13:49	42.1600 7:27/M
	5.27km		75	36:17	5.27000 6:53/M
	10.54km		75	37:17	5.27000 7:05/M
	lap 3		75	36:03	5.27000 6:51/M

Half	75	38:22	5.27000	7:17/M
lap 5	75	38:35	5.27000	7:19/M
lap 6	75	42:43	5.27000	8:06/M
lap 7	75	42:44	5.27000	8:07/M
Marathon	75	41:45	5.27000	7:55/M
3 Amos Roney	8	95	6:15:07	42.1600 8:54/M
5.27km	95	41:03	5.27000	7:47/M
10.54km	95	39:52	5.27000	7:34/M
lap 3	95	41:14	5.27000	7:49/M
Half	95	44:53	5.27000	8:31/M
lap 5	95	1:15:20	5.27000	14:18/M
lap 6	95	43:34	5.27000	8:16/M
lap 7	95	43:51	5.27000	8:19/M
Marathon	95	45:17	5.27000	8:36/M
4 kevin ames	6	203	3:18:52	31.6200 6:17/M
5.27km	203	30:24	5.27000	5:46/M
10.54km	203	30:10	5.27000	5:44/M
lap 3	203	30:15	5.27000	5:44/M
Half	203	32:03	5.27000	6:05/M
lap 5	203	37:34	5.27000	7:08/M
lap 6	203	38:23	5.27000	7:17/M
5 paul jones	6	139	3:23:23	31.6200 6:26/M
5.27km	139	31:22	5.27000	5:57/M
10.54km	139	31:42	5.27000	6:01/M
lap 3	139	35:23	5.27000	6:43/M
Half	139	33:35	5.27000	6:22/M
lap 5	139	35:25	5.27000	6:43/M
lap 6	139	35:54	5.27000	6:49/M
6 Denys Taylor	5	73	3:03:32	26.3500 6:58/M
5.27km	73	29:21	5.27000	5:34/M
10.54km	73	32:21	5.27000	6:08/M
lap 3	73	32:37	5.27000	6:12/M
Half	73	35:19	5.27000	6:42/M
lap 5	73	53:51	5.27000	10:13/M
7 David Leather	5	116	3:51:10	26.3500 8:46/M
5.27km	116	34:56	5.27000	6:38/M
10.54km	116	37:41	5.27000	7:09/M
lap 3	116	39:17	5.27000	7:27/M
Half	116	53:36	5.27000	10:10/M
lap 5	116	1:05:37	5.27000	12:27/M
8 Stephen Vaughan	5	142	4:16:18	26.3500 9:44/M
5.27km	142	33:07	5.27000	6:17/M
10.54km	142	34:28	5.27000	6:32/M
lap 3	142	35:28	5.27000	6:44/M
Half	142	45:13	5.27000	8:35/M
lap 5	142	1:48:01	5.27000	20:30/M
9 Stephen Haughton	4	221	1:49:15	21.0800 5:11/M
5.27km	221	25:51	5.27000	4:54/M
10.54km	221	26:53	5.27000	5:06/M
lap 3	221	27:58	5.27000	5:19/M
Half	221	28:32	5.27000	5:25/M
10 Jon Nutton	4	159	1:54:51	21.0800 5:27/M
5.27km	159	29:30	5.27000	5:36/M
10.54km	159	28:19	5.27000	5:22/M
lap 3	159	28:27	5.27000	5:24/M
Half	159	28:33	5.27000	5:25/M

Medal Chaser - Haughley Park

Lap Results - Age Group Detail

Haughley Park

M 50 to 59

Pos.	Name	Laps	Bib No	Time	Distance / Pace
11	Paul Baxter	4	160	1:55:05	21.0800 5:28/M
	5.27km		160	29:32	5.27000 5:36/M
	10.54km		160	28:19	5.27000 5:23/M
	lap 3		160	28:28	5.27000 5:24/M
	Half		160	28:45	5.27000 5:27/M
12	Jonathan Ollington	4	188	1:58:33	21.0800 5:37/M
	5.27km		188	29:20	5.27000 5:34/M
	10.54km		188	27:51	5.27000 5:17/M
	lap 3		188	29:33	5.27000 5:36/M
	Half		188	31:48	5.27000 6:02/M
13	Kevin Raisborough	4	136	2:04:43	21.0800 5:55/M
	5.27km		136	29:42	5.27000 5:38/M
	10.54km		136	28:18	5.27000 5:22/M
	lap 3		136	32:38	5.27000 6:12/M
	Half		136	34:04	5.27000 6:28/M
14	edward pinch	4	3	2:10:17	21.0800 6:11/M
	5.27km		3	29:21	5.27000 5:34/M
	10.54km		3	32:07	5.27000 6:06/M
	lap 3		3	34:07	5.27000 6:29/M
	Half		3	34:41	5.27000 6:35/M
15	Michael Bradford	4	200	2:15:19	21.0800 6:25/M
	5.27km		200	33:20	5.27000 6:20/M
	10.54km		200	33:24	5.27000 6:20/M
	lap 3		200	34:11	5.27000 6:29/M
	Half		200	34:23	5.27000 6:31/M
16	Andy Clark	3	190	1:32:43	15.8100 5:52/M
	5.27km		190	31:43	5.27000 6:01/M
	10.54km		190	31:45	5.27000 6:01/M
	lap 3		190	29:15	5.27000 5:33/M

M 60 to 69

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	John Burton	9	81	5:42:02	47.4300 7:13/M
	5.27km		81	33:07	5.27000 6:17/M
	10.54km		81	33:36	5.27000 6:23/M
	lap 3		81	34:21	5.27000 6:31/M
	Half		81	36:07	5.27000 6:51/M
	lap 5		81	36:45	5.27000 6:59/M
	lap 6		81	40:36	5.27000 7:42/M
	lap 7		81	40:46	5.27000 7:44/M
	Marathon		81	42:12	5.27000 8:01/M
	lap 9 Ultra		81	44:28	5.27000 8:26/M
2	Stephen Dunnett	8	33	5:18:12	42.1600 7:33/M
	5.27km		33	34:47	5.27000 6:36/M
	10.54km		33	34:31	5.27000 6:33/M
	lap 3		33	35:03	5.27000 6:39/M
	Half		33	35:44	5.27000 6:47/M
	lap 5		33	37:23	5.27000 7:06/M
	lap 6		33	43:02	5.27000 8:10/M
	lap 7		33	49:13	5.27000 9:20/M

Marathon		33	48:24	5.27000	9:11/M
3 ANDREW	6	207	3:23:16	31.6200	6:26/M
5.27km		207	32:52	5.27000	6:14/M
10.54km		207	32:18	5.27000	6:08/M
lap 3		207	34:03	5.27000	6:28/M
Half		207	32:09	5.27000	6:06/M
lap 5		207	32:59	5.27000	6:16/M
lap 6		207	38:52	5.27000	7:23/M
4 John Bain	4	184	2:32:46	21.0800	7:15/M
5.27km		184	32:52	5.27000	6:14/M
10.54km		184	37:59	5.27000	7:12/M
lap 3		184	41:32	5.27000	7:53/M
Half		184	40:22	5.27000	7:40/M
5 Paul Forshaw	4	137	2:52:48	21.0800	8:12/M
5.27km		137	42:05	5.27000	7:59/M
10.54km		137	41:44	5.27000	7:55/M
lap 3		137	43:21	5.27000	8:14/M
Half		137	45:35	5.27000	8:39/M
6 Colin Peddel	4	28	2:56:44	21.0800	8:23/M
5.27km		28	38:03	5.27000	7:13/M
10.54km		28	42:03	5.27000	7:59/M
lap 3		28	44:54	5.27000	8:31/M
Half		28	51:43	5.27000	9:49/M

M 70 to 79

Pos.	Name	Laps	Bib No	Time	Distance / Pace
1	David Drewry	2	110	1:31:15	10.5400 8:39/M
	5.27km		110	44:48	5.27000 8:30/M
	10.54km		110	46:26	5.27000 8:49/M