

Torfaen Memory Assessment Service

Contact Details:

For routine enquiries:

Monday-Friday
9:00am-5:00pm
Tel. 01495 765753

For urgent enquires:

Monday-Friday
9:00am-5:00pm
Tel. 01495 765762

Out of Hours:

Tel. 111



Useful Contacts



Tel. 0330 333 0804
www.alzheimers.org.uk



Tel. 01495 769264
www.ageconnectstorfaen.org.uk

Bwrdd Iechyd Aneurin Bevan

Uned Ty Siriol Unit
Ysbyty Sir
Griffithstown
PONT-Y-PWL
NP4 5YA

Ffon. 01495 765773

Aneurin Bevan Health Board

Ty Siriol Unit
County Hospital
Griffithstown
PONTYPOOL
NP4 5YA

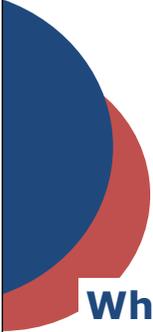
Tel. 01495 765773



Torfaen Memory Assessment Service

Do you, or someone you know, have memory problems?





Torfaen Memory Assessment Service

Who are we

Torfaen Memory Assessment Service is a team of healthcare professionals based at Ty Siriol Unit, County Hospital, Pontypool.

We assess, support, advise, and provide treatment for people with memory problems and dementia.

*Winners of the South Wales Argus Health and Social Care Awards 2020
'Together we achieve' Award*

What to do if you have problems with your memory

• Talk to your GP

Your GP will test your urine and blood, and may refer you for a CT scan of your head, and ask you to participate in a short memory test.

There are many causes of memory problems. Therefore,

it is always best to seek advice early, as there may be support or treatment you are entitled to.

What happens once you are referred to us

1. Once your GP has referred you to our team, you will be offered an initial assessment with one of our specialist memory nurses. The appointment will involve taking a detailed history of your memory problems and a comprehensive memory test.
2. You will then be offered an appointment with one of our specialist doctors, e.g. consultant psychiatrist, who will discuss the outcome of your initial assessment, and, if necessary, provide you with a diagnosis, e.g. mild cognitive impairment or dementia. The doctor will discuss any treatment options that may be available to you.
3. If you are started on medication, you will receive a telephone call after 2-3 weeks to check for any side effects.

4. You will then have a post-diagnosis appointment and regular follow up from our specialist nurses thereafter.
5. With your consent, we can refer you to other statutory and voluntary organisations, including a Support Worker from the Alzheimer's Society, who will discuss any concerns you may have and offer support.

What other services do we offer

- ◇ Post-diagnostic support
- ◇ Functional assessments
- ◇ Cognitive stimulation therapy groups
- ◇ Carers support groups
- ◇ Signposting to other organisations
- ◇ Crisis resolution support