
lavender
barn
01772 431706
www.lavenderbarnbeauty.co.uk
Online booking available

The Quintessential Beautique

We invite you to escape from your everyday life, to relax your mind, body and soul. The Lavender premier team of experts await, to provide pure service of quality and relaxation.

Begin your exquisite journey with us to real beauty, not just from the outside but most importantly from deep within. An infusion of influences over the years has led to the Lavender Barn creation. We hope to make a difference in your life, leaving you relaxed refreshed with vitality, energy and sunshine in your soul.

Helen Sharp



Your Journey

The Beginning...

Arrive a few minutes earlier to your treatment and enjoy a few moments to begin to relax in our surroundings. We have an extensive drinks menu to enjoy, wellness magazines and books to peruse.

The Middle...

Your therapist will guide you every step of the way. All timings are approximate and include the time for you at the beginning and end of the treatment.

The End...

Allow extra time after to relax with a mint and cucumber water, giving you time to feel refreshed and hydrated before leaving.

Your journey is your escape from your everyday life, to relax your mind, body and soul, to walk out refreshed with vitality and new energy.

Retail

Gift Shop - Available in-store and online...

In our gift boutique we stock all our products used in treatments from our skincare partners. We also stock small artisan skincare and well-being products which make the perfect thoughtful gift for a friend of relative. We have bath salts to soaps, cards to gift wrap, baskets to towels, candles to room scents, the list is endless. So pull up a chair, enjoy a coffee and try some of the lovely products we have as testers. Our team are on hand for any advice needed.

Gift Cards

Moments that become memories are the ones that touch are hearts and souls. Fill a loved one's life with experiences, not things. Our gift cards are perfect and always gratefully received, giving them the time to relax and unwind from the stresses of life.

You can purchase in store, or call us and we will post it out or order online at **www.lavenderbarnbeauty.co.uk/gift-card2**

Signature Treatments

Our signature treatments throughout the brochure are especially for you and completely bespoke, so you won't find them anywhere else.

THE WOODLAND WALK *115 minutes* **£119**

Quieten your mind, warm the soul and float into a state of peace and ultimate relaxation. Includes: With a lavender eye pillow to relax, enjoy the foot ritual; cleanse, exfoliation and nourishing foot wrap, followed with a hand exfoliation with a nourishing hand wrap. Facial; cleanse and exfoliation before a pressure point massage, followed with a neck, shoulder and scalp massage. Body Massage; body brush, massage followed by ayurveda and malay inspired moves, kneading movements are replaced by gentle touches, overlapping hands and soft touch brush strokes to complete this sensory journey.

THE MEADOW CALLING *85 minutes* **£93**

A spritz of essential aromas to create a rebalancing ambiance for this face and body treat. Includes: Facial cleanse, exfoliate, massage and mask, with scalp massage and full body massage.

THE ORCHARD RETREAT *55 minutes* **£62**

Perfect for hard working hands, tired soles and busy minds. Includes: Foot and leg massage, with exfoliation and nourishing foot wrap. With a lavender eye pillow to relax, enjoy a hand and arm massage with a nourishing hand wrap. Followed by a scalp neck and shoulder massage to complete this sensory journey.

Signature Treatments

APPLE BLOSSOM *55 minutes* **£68**

Energise and exfoliate, with a body brush to the back, neck and shoulders followed with a sublimely calming massage. Then let your skin be refreshed and deeply hydrated with an express treatment for the face, neck and décolleté that thanks to the ice spoon massage and bioactive ingredients, provide immediate freshness and a healthy glow.

LAVENDER FIELDS *55 minutes* **£68**

All traces of tension are gently eased with a soothing back of body massage, to include scalp, back, neck and shoulders and back of legs. Essential oils enhance the calming experience. Followed with an aroma facial, using the power of touch and the ancient art of Gua Sha's to stimulate meridian energy lines and lymphatic pathways within the décolleté, neck and face, this facial promotes a natural lift. Experience the benefits of a stronger, glowing and more energised complexion.

LAVENDER SIGNATURE BLEND *85 minutes* **£90**

Unique treatment combining two amazing facials. CACI alongside Comfort Zone will provide the ultimate in anti-ageing skincare and relaxation.

Cancer Touch Therapies

All 'Made for Life Organics' treatments use their own 100% organic preparations and a range of specialised relaxation techniques and are suitable for people going through cancer.

Made for Life Wellbeing treatments provide a window of time where guests are able to disconnect from their daily stress and reconnect with nature and stillness. The treatments are akin to a period of meditation, allowing the body to access the parasympathetic state where the mind and body are prompted into a 'state of allowing'. This period of time allows rejuvenation on all levels - mind, body and spirit - including a natural boost to immunity.

HAND ON HEART *60 minutes* **£69**

This nurturing and calming treatment for the head, face, back and shoulders was created to allow you to drift away into a meditative state of relaxation. Slow Tui Na Chinese massage techniques rebalance and calm the upper body while the facial will replenish, nourish and revive the skin and ease tension. The ritual uses slow, soothing and rhythmic techniques providing complete tranquillity and relaxation. 100% certified organic.

CATCH THE BREATH *25 minutes* **£38.50**
Back & Scalp Treatment

Gentle and rhythmic Tui Na Chinese massage techniques on the head, neck and shoulders allow you to drift away into a meditative state of relaxation. Tension is eased and a sense of well-being recovered.

Aromatherapy Spa Facials

Slow Ageing Essentials

Slow essentials uses only the most essential products will transform the radiance of your complexion, help to slow the effects of time on your skin, whilst boosting your natural energy levels and enhancing your feelings of inner calm. Made from the finest, 100% natural and active botanical ingredients, we use only the purest, sustainably sourced essential oils to harness the force of nature and renew your skin.

SKIN'ERGY BACK MASSAGE AND SIGNATURE FACIAL *70 minutes* **£79**

Alongside the Skin'ergy lift facial, a welcome back massage will give a deeply serene sense of comfort, helping you to relax and unwind from the beginning. To complete your journey a scalp, hand and arm massage will leave your mind clear and relaxed.

SKIN'ERGY LIFT | NOURISH, LIFT + ENERGISE *55 minutes* **£69**

Slow Ageing Essential products contain a bespoke blend of the purest and most potent Essential Oils. Easily absorbed, they actively strengthen the skin barrier, neutralising free radicals and encouraging new skin cell growth, leaving you with a more radiant, luminous complexion. Using the power of touch and Gua Sha's to stimulate meridian energy lines and lymphatic pathways within the décolleté, neck and face, our facials promote a natural lift. Experience the benefits of a stronger, glowing and more energised complexion.

SKIN'ERGY EXPRESS | REFRESH + ENERGISE *25 minutes* **£38.50**

Personalised to your specific needs and concerns, our express facial combines a cleans and exfoliation, leaving you skin feeling refreshed before we perform our Skin'ergy massage, helping to stimulate the meridian lines revealing a brighter, more radiant complexion.

Comfort Zone Face

[comfort zone]

Comfort Zone represents a complete system of care for the skin, body, and soul. Their exclusive collection of products, treatments, and rituals has been created with an unwavering commitment to finding the most clean and powerful ingredients and delivering the most effective results.

They believe in working from the inside out and from the outside in to improve the human condition and treat the whole body. They seek to promote a holistic, healthy and sustainable lifestyle, based in science and strengthened by passion. An exclusive welcome ritual at the beginning of your facial starts the journey of the Comfort Zone experience. With scalp, hand or foot ritual to compliment your mask.

SUBLIME GLOW PEEL* | SMOOTHING, BRIGHTENING + RENEWING *55 minutes* **£69**

An extraordinary multi-active peel for all skin types, from the most delicate to the most resistant, perfect for deep exfoliation and skin renewal. Ensures maximum effectiveness thanks to the double peel method, with an intensive blend of alpha- and polyhydroxy acids. Gives the skin immediate smoothness and radiance for a rejuvenated and healthy appearance.

Suitable for seasonal changes and for rejuvenating the skin. Take particular care during very sunny periods and always remember to apply sunscreen. Its intensive action is also effective in the more delicate version, suitable for the most sensitive skin or as an initial stage in multiple treatment cycles. Exceptionally effective on mature skin with evident expression lines and wrinkles caused by chrono- and photo-aging.

SUBLIME ULTRA GLOW PEEL* | ILLUMINATING + BRIGHTENING *55 minutes* **£69**

Intensive peel to promote an even and radiant complexion, bringing luminosity and uniformity. Deep renewal provides immediate cell turnover for an intense brightening effect. Suitable for seasonal changes and for rejuvenating the skin. Take particular care during very sunny periods and always remember to apply sunscreen. Suitable for uneven skin tone, hyperpigmentation and melasma to restore tone and radiance.

**A skin tolerance test is required before your first visit and is required every 12 months.*

Comfort Zone Face

[comfort zone]

SUBLIME PRO LIFT | INTENSIVE, LIFTING + REDENSIFYING *55 minutes* **£69**

Firming, replumping anti-aging face and neck treatment. Combined with specific Kobido massage techniques, it restores fullness and redefines the volume of the face. Its specific action and effectiveness is achieved thanks to an innovative peel-off biphasic mask. For any skin condition with wrinkles, obvious loss of volume and tone.

LUMINANT | BRIGHTENING* *55 minutes* **£69**

An intensive triple action facial, for hyperpigmentation and uneven skin tone, revealing a fresh, bright and radiant skin. This indulgent facial is ideal after sun exposure, for dull and uneven complexions and is suitable for everyone, even during pregnancy and skin sensitivity.

HYDRA GLOW | HYDRATE, NOURISH + PROTECT *55 minutes* **£69**

A dynamic fresh treatment made for anyone seeking visible immediate glow, hydration and vitality. Thanks to its unique combination of Lactic Acid for immediate renewal and glow, powerful concentration of Hyaluronic for superficial and profound hydration, and the bioactive Prickly Pear extract from regeneration agriculture, this facial delivers instant hydration and radiance for a healthy dewy look. The Ice spoon massage provides freshness to dull and thirsty skin.

RECOVER TOUCH | VITAMIN RICH, ANTI-OXIDANT + NOURISHING *55 minutes* **£69**

Nurture your skin and recover from the damage caused by sun, pollution, and aging. The antioxidant, replenishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished.

**A skin tolerance test is required before your first visit and is required every 12 months.*

Comfort Zone Face

[comfort zone]

Express Treatments

In a rush but in need of a special beauty touch? Selecting this express facial can fit your tight schedule or can be combined with a body treatment. Perfect for those short of time, results driven with minimal massage.

INSTA SUBLIME GLOW PEEL* *25 minutes* **£38.50**

An extraordinary express peel treatment for all skin types, from the most delicate to the most resistant, perfect for deep exfoliation and skin renewal.

INSTA ULTRA GLOW PEEL* *25 minutes* **£38.50**

Intensive express peel to promote an even and radiant complexion, bringing luminosity and uniformity. Deep renewal provides immediate cell turnover for an intense brightening effect. Suitable for seasonal changes and for rejuvenating the skin.

INSTA PROLIFT *25 minutes* **£40.50**

Re-densifying and lifting anti-aging face and neck treatment in an express version. Its specific action and effectiveness is achieved thanks to an innovative peel-off biphasic mask. For any skin condition with wrinkles, obvious loss of volume and tone.

INSTA HYDRA GLOW *25 minutes* **£38.50**

A deeply hydrating, express treatment for the face, neck and décolleté that thanks to the ice spoon massage and bioactive ingredients, provide immediate freshness.

**A skin tolerance test is required before your first visit and is required every 12 months.*

Comfort Zone Face

[comfort zone]

ADD ON...

EYE RECOVERY *15 minutes* **£14.50**

A multi-active rejuvenating treatment for the eye area to reduce puffiness and improve the appearance of dark circles and fine lines. For all skin types as a protective and preventive treatment. Ideal as a corrective treatment to reduce swelling, improve dark circles and smooth out fine lines and wrinkles.

GLOW PEEL *15 minutes* **£14.50**

This active peel enhancement is the ideal upgrade to the PRO-LIFT treatment as well as other [comfort zone] protocols, bestowing immediate luminosity, smoothness and even skin tone. The ideal addition to any treatment for instant radiance and glow. Stimulates healthy cell turnover and leaves the skin exceptionally soft and silky. For normal to resistant skin: opt for AGE PEEL. For delicate skin: opt for DELICATE PEEL. For skin with dark spots and an uneven complexion: opt for BRIGHT PEEL.

EYE CARE

Your eyes are the windows to your soul. Make yours reveal your true beauty with our range of treatments especially for eyes.

SUBLIME EYE TREATMENT *25 minutes* **£34**

Improves the aspect of wrinkles, blue signs and signs of tiredness.

CACI EYE REVIVE *30 minutes* **£35**

Lift and firm muscles around your eye area, particularly where you may tend to lose definition as you age and develop 'hooded eye lids'. This treatment uses serum filled microcurrent rollers together with the soothing and calming Eye Revive Mask to reduce puffiness and dark circles, and soften the appearance of fine lines and wrinkles around your eyes.

Environ

ENVIRON™

Scientific skincare that really makes a difference. Environ facials use the highest quality ingredients, vitamins A, C & E, peptides and antioxidants. All of which are essential to repair and maintain healthy skin.

Environ Skin Care is a premiere quality brand offering outstanding results for people who are serious about skincare. Formulated by Dr Des Fernandes, a world-renowned plastic surgeon, the range contains a unique combination of active ingredients to protect the skin from environmental aggressors and combat the signs of ageing. Environ's pioneering dual electro-sonic technology sets the benchmark for professional skincare treatments. Low frequency sonophoresis together with pulsed iontophoresis in combination with Environ's professional skin care products, help deliver more of what skin needs where it needs it most - making a real lasting difference to your skin, for life.

ESSENTIAL YOUTH RESET *55 minutes* **£70** *85 minutes* **£95**

Helps soften the appearance of fine lines, sun-damage & sagging skin with our peptide and vitamin packed facial for a more youthful appearance.

ESSENTIAL MOISTURE BOOST *55 minutes* **£70** *85 minutes* **£95**

Helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin. Hyaluronic Acid is the hero ingredient, promoting a moisturised, glowing-looking skin.

ESSENTIAL COMFORT CALM *55 minutes* **£70** *85 minutes* **£95**

Ideal for sensitive, irritated skin. A powerful combination of smart ingredients, leaving the skin feeling soothed with a healthy radiance.

ESSENTIAL RADIANCE REVEAL *55 minutes* **£70** *85 minutes* **£95**

A targeted solution for sun-damaged or pigmented skin. Boosting the skin with the correct combination of ingredients, results in flawless, radiant-looking skin.

Aesthetic Solutions

CACI

CACI Synergy Technology

CACI International has paved the way in anti-ageing, skin rejuvenation and problematic skin solutions for over two decades. Our treatments are often described as the 'red-carpet beauty secret' and have attracted an impressive celebrity following including royalty, film stars, supermodels, beauty editors and make-up artists from around the globe. The CACI Synergy is their latest and most advanced facial system that has been shown to reduce wrinkle depth by up to 75% and improve skin elasticity by up to 88%. It offers a variety of exclusive technologies including our unique S.P.E.D® Dual Action Technology, that provides simultaneous skin rejuvenation and facial toning.

CACI SIGNATURE NON-SURGICAL FACIAL TONING

55 minutes **£60** *70 minutes* **£69**

This non-invasive facial features S.P.E.D® Dual Action Technology that provides simultaneous skin rejuvenation and facial toning. This treatment uses microcurrent impulses, to lift and tone and LED light therapy to improve skin elasticity and reduce the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful, fresh appearance and glow.

CACI HYDRATONE MASK ADD ON

£7

This treatment is designed to deeply nourish, hydrate and firm the skin. Facial rollers emitting simultaneous microcurrent impulses and LED light therapy are gently massaged over a hydrating gel facial mask. The rejuvenating energy transmitted through the rollers provides immediate and intensive hydration and helps to restore skin firmness, soften fine lines and rejuvenate your skin. Ideal for the treatment of dehydrated or sun damaged skin.

CACI SYNERGY | ADVANCED NON-SURGICAL FACIAL TONING

85 minutes **£95**

Combines CACI's Signature Non-Surgical Facial Toning with advanced skin exfoliation techniques to revitalise your skin, resulting in a brighter and smoother complexion. A combination of advanced technologies are used to plump fine lines and wrinkles, instantly lift and tone your face and firm your neck.

Aesthetic Solutions

CACI

CACI SYNERGY PURIFYING *45 minutes* £45

This treatment tackles problematic skin and leaves your complexion looking smooth and radiantly healthy. A combination of red and blue LED light therapy, deep cleansing and skin exfoliation techniques are used to effectively brighten and even your skin tone.

CACI SKIN CALM *30 minutes* £35

Targets skin prone to breakouts and irritation. This treatment uses LED light therapy that is renowned for its anti-bacterial and anti-inflammatory healing properties, combined with a gel mask to soothe, calm, reduce redness and rehydrate your skin.

CACI EYE REVIVE *30 minutes* £35

Lift and firm muscles around your eye area, particularly where you may tend to lose definition as you age and develop 'hooded eye lids'. This treatment uses serum filled microcurrent rollers together with the soothing and calming Eye Revive Mask to reduce puffiness and dark circles, and soften the appearance of fine lines and wrinkles around your eyes.

CACI JOWL LIFT *30 minutes* £35

Target muscle laxity around the jawline using S.P.E.D® Dual Action Technology, which harnesses the power of LED light therapy at the same time as using CACI microcurrent. This treatment will lift and fi rm your muscles and redefine facial contours to give a firmer, more toned appearance. Ideal for women wanting to improve the appearance of sagging jowls and for men who desire a more chiselled jawline.

Please book in for a consultation, as we have an extensive menu of treatments we can offer with the new CACI Synergy, tailoring to your individual needs.

CACI Signature, Deluxe and Synergy are best booked as a course of 10-15 for optimum results - BOOK 10, PAY FOR 9! BOOK FOR 15, PAY FOR 13! Course of 15 to be taken within 6 weeks.

Microneedling

Microneedling, sometimes referred to as collagen induction therapy, is a minimally invasive skin treatment that uses fine, sterile needles to create controlled micro-injuries within the skin's surface. These tiny punctures stimulate the skin's natural healing response, encouraging the production of collagen and elastin - two proteins essential for maintaining firm, healthy-looking skin. It improves skin quality gradually and naturally.

Common concerns treated with microneedling include:

- **Fine lines and early wrinkles**
- **Acne scarring**
- **Enlarged pores**
- **Uneven skin texture**
- **Mild pigmentation issues**
- **Sun damage**
- **Stretch marks**
- **General skin dullness or loss of firmness**

We also recommend microneedling for preventative skin maintenance and collagen support as part of a healthy ageing strategy. The microneedling device allows precise control over needle depth depending on the area being treated and the skin concern being addressed.

BEAUTYLAB MICRONEEDLING CONSULTATION *75 minutes* **£125**

Including full consultation and homecare kit, includes hyaluronic Mask and LED therapy.

BEAUTYLAB MICRONEEDLING *55 minutes* **£100**

With hyaluronic Mask and LED therapy.

Spa Rituals

Holistic Treatments

TRANQUILLITY PRO-SLEEP MASSAGE *55 minutes* **£63**

This innovative multi-sensory massage leads to a profound state of relaxation, working the muscular, nervous and emotional levels, purposely created to induce a state of deep rest and a balanced regenerated mind.

SCRUB + OIL *40 minutes* **£47**

Combined fruit seeds to exfoliate and aroma oil to nourish, your skin is slowly and thoroughly scrubbed through massaged to remove dead skin cells and aid a deeper penetration of oils. Leaving your skin soft, supple, and nourished, this treatment is perfect to help avoid ingrowing hairs after waxing, or before a holiday to help you achieve a deeper tan.

Aromatherapy Massage

AROMA MASSAGE — *Full Body 55 minutes* **£59**; *Back + Shoulders 25 minutes* **£34**

Aromatherapy massage provides a luxurious and soothing experience that can help promote both physical and mental well-being. With its combination of therapeutic touch and aromatic essential oils, this type of massage offers a unique way to unwind and rejuvenate both mind and body.

AROMA MASSAGE WITH BODY BRUSH — *Full Body 55 minutes* **£59**; *Back, Neck + Shoulders 25 minutes* **£34**

To energise and gently exfoliate, we prep your skin with a body brush prior to your massage.

AROMA MASSAGE WITH SCRUB — *Full Body 70 minutes* **£75.50**; *Back, Neck + Shoulders 40 minutes* **£49**

Your skin is deeply exfoliated to allow for deeper penetration of essential oils, leaving you relaxed and your skin super soft and and hydrated.

TRANQUILLITY SCALP — *25 minutes* **£38**

Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Pressure point massage will invigorate and calm leaving a feeling of pure serenity. Includes shoulder and neck massage.

Spa Massage

BESPOKE WARM OIL MASSAGE	*55 minutes*	**£62**
	40 minutes	**£50**
	25 minutes	**£38**

During the massage your therapist will use a series of combined techniques to manipulate the muscles and soft tissues of the body, promoting relaxation and stress relief. They may also incorporate elements such as gentle stretching or pressure point work to address specific areas of tension or discomfort.

Massage techniques are created around your needs, so entirely bespoke. If you would like just legs, or part back and scalp, then this is the one for you.

HOT SALT STONE MASSAGE	*55 minutes*	**£62.50**
	25 minutes	**£38.50**

Massage with warm soothing Himalayan salt stones, bestowing relaxation and alleviating tension.

Mindful Moments

If your chosen treatment just isn't enough, then add a little extra therapy with Lavender Touch. They have been designed to add a little extra mindful moment to bespoke your treatment. A Lavender eye pillow will aid relaxation during your mindful moment. These cannot be booked as a stand alone treatment, and can only be added onto a facial, massage or body treatment.

LAVENDER TOUCH PALM *15 minutes* **£14.50**

Slow rhythmic hand and arm massage, with reflex pressure points to finish.

LAVENDER TOUCH SOUL *15 minutes* **£14.50**

The peppermint and eucalyptus balm will work wonders with the slow rhythmic foot and leg massage, with reflex pressure points to finish.

LAVENDER TOUCH SCALP *15 minutes* **£14.50**

Feel completely tranquil, as your tension is eased. Your hair and scalp will also benefit from this conditioning and nourishing oil.

LAVENDER TOUCH FACE *15 minutes* **£14.50**

Rejuvenate and uplift with anti-ageing massage techniques and facial pressure points to release tension.

Reflexology

REFLEXOLOGY *45 minutes* £45

Reflexology is a technique that applies gentle pressure to your feet to bring about a state of relaxation and help the body's own healing process. In contrast to a foot massage, reflexology uses a unique combination of finger and thumb pressure to stimulate reflex areas. The aim is to improve blood circulation, restore balance and encourage relaxation.

REFLEXOLOGY AND GROUNDING FOOT RITUAL *75 minutes* £60

A VIP treat for your feet! Connect your body and soul with a wellness grounding foot ritual. Begin with a relaxing foot bath, using Himalayan salt scrub to remove dead skin cells and reveal silky soft, hydrated feet.

Continue your journey to deep relaxation and wellness with a Reflexology session.

REIKI *55 minutes* £40

[a safe, gentle, non-intrusive healing technique from Japan]

Rei (universal wisdom) Ki (life force energy) can treat physical ailments without using any pressure, manipulation or massage. It is also a holistic system for balancing, healing and harmonizing all aspects of the person, physically, mentally, emotionally and spiritually. It can also be used to encourage personal and spiritual awareness and growth.

Reflexology and Reiki are carried out by independent specialists working out of Lavender Barn, and you will pay them directly. Please note our Gift Vouchers from Lavender Barn cannot be accepted by our Independent specialists.

Pedicure

Mii

The Mii manicure and pedicure system including statement gel focuses on caring for the natural nail, with a bespoke regime unique to the needs of the individual.

PEDICURE INDULGE *With Polish* **£53.50**

Deluxe Pedicure to include foot soak, clip and cuticle care, hard skin file, invigorating foot mask or heated booties and massage. Please remember to bring open toe sandals when choosing a polish finish.

PEDICURE TREAT *With Polish* **£42.50** *With Gel* **£52.50**

Maintenance pedicure to include foot soak, clip and cuticle care, hard skin file and massage. Please remember to bring open toe sandals when choosing a polish finish.

SHAPE + PAINT TOES *With Polish* **£22** *With Gel* **£37**

THE ORCHARD RETREAT *55 minutes* **£62**

Perfect for hard working hands, tired soles and busy minds. Includes: Foot and leg massage, with exfoliation and nourishing foot wrap. With a lavender eye pillow to relax, enjoy a hand and arm massage with a nourishing hand wrap. Followed by a scalp neck and shoulder massage to complete this sensory journey.

Manicure

Mii

MANICURE INDULGE *With Polish* **£46**
Deluxe manicure including cleanse, exfoliation, mask, file, cuticle work and massage with colour of your choice.

MANICURE TREAT *With Polish* **£37** *With Gel* **£46**
Maintenance manicure including cleanse, file, cuticle work and massage with colour of your choice.

SHAPE + PAINT HANDS *With Polish* **£22** *With Gel* **£37**

HAND + NAIL RENEW | GO POLISH FREE **£28**
Brighten and renew the skin. Includes a hand reviving exfoliation, indulgent hydrating hand mask, restorative serum and a heavenly hydrating hand and forearm massage.

NAIL + CUTICLE RENEW **£18**

Removals

GEL SOAK OFF WITH SHAPE + PAINT *With Polish* **£34** *With Gel* **£49**

JUST A SOAK OFF **£19**

GEL SOAK OFF + CONDITION *45 minutes* **£33**
Soak off, conditioning serum and oil applied, with heated mittens/booties. Cuticle + file, with base and top coat polish to finish.

GEL SOAK OFF ADDED TO ANY MANICURE/PEDICURE **£12**

Maternity

Massage and relaxation will benefit both the mum to be and unborn baby, you can prepare you physically, mentally and emotionally for the birth.

NEW LIFE MASSAGE *40 minutes* **£49.50**

Suitable for pregnant women, after medical consultation and over 13 weeks/ first scan. Leaves your skin perfected and strengthened... and you relaxed.

NEW LIFE INDULGENCE *70 minutes* **£74.50**

Suitable for pregnant women, after medical consultation and over 13 weeks/first scan and up to 36 weeks due to the length of treatment time. Also ideal for new mothers to regain balance after baby arrives. Relax while your highly trained therapist treats your body and face to a truly nurturing experience, giving you a soothing massage.

Man Space

WAXING

Eyebrows	*15 minutes*	**£14.50**
Back or Chest	*30 minutes*	**£26.50**
Back and Chest	*45 minutes*	**£38**
Nasal	*15 minutes*	**£11.50**
Nasal and Ears	*30 minutes*	**£21**

NAIL TIDY — *30 minutes* — £24

This manicure will include filing, cuticle work, massage and a nail smoothing buff.

COMFORT ZONE FACIAL — *55 minutes* — £69

SKIN'ERGY FACIAL — *55 minutes* — £69

Waxing

Using Australian Bodycare Tea tree range, a full range of strip waxing treatments are available. Tea tree oil is a natural antiseptic, bactericide, fungicide with anaesthetic qualities.

JUST LEGS	
FULL	£37
THREE QUARTER	£31.50
HALF	£27
3 AREAS	
FULL LEG, BIKINI, UNDERARM	£50
HALF LEG, BIKINI, UNDERARM	£41
HALF LEG, EYEBROW & UPPER LIP	£41
2 AREAS	
FULL LEG, BIKINI	£43.50
HALF LEG, BIKINI OR UNDERARM	£35
BIKINI & UNDERARM	£24
HALF LEG, EYEBROW OR UPPER LIP	£35
LIP & EYEBROW	£22
1 AREA	
BIKINI TIDY	£21.50
UNDERARM	£15

Avoid having hot baths, heat treatments, sun bathing, sun bed treatments 24 hours prior to all waxing treatments. If using Steroid or Retinol cremes avoid waxing. For a full list of pre and aftercare advice please see our general advice page online.

Lycon Waxing

In order to give you the best results, we use a hot wax for intimate waxing. We offer a complete premium waxing system that is designed to make your waxing treatments easier, virtually pain free. Superb results guaranteed. Lycon wax truly removes hairs as short as 1mm.

LIP WAX £16.50

FACIAL WAXING *from* £16.50

NASAL WAX £11.50

BASIC BIKINI LYCON £22

To panty line.

NON-REGULAR

G-STRING £37

This is a high leg bikini wax, removing hair on the bikini line and the inner thigh. This is suitable for high-cut underwear or swimwear.

BRAZILIAN WAX £44

This treatment leaves hair on the front in either a strip or mini-triangle shape. All the hair from the underneath and bum is removed.

HOLLYWOOD £42

All hair removed.

REGULAR/MAINTENANCE

G-STRING £29

BRAZILIAN WAX £31

HOLLYWOOD £29

Please note this price reflects time taken. If over 4-6 weeks we will need more time, therefore you will need to revert back to non-regular.

REGULAR INTIMATE WAXING - BOOK EVERY 4-6 WEEKS FOR MAINTENANCE FOR A DISCOUNTED PRICE!

Lashes & Brows

Enhance the eyes through shaping brows, tinting the eyelashes and brows, or applying lash extensions. All our eye treatments finish with a relaxing eye massage, and hand massage while your tint is on.

BROW TRIM	**£14.50**
BROW RE-SHAPE	**£19**
BROW TINT*	**£13.50**
BROW TINT & TRIM	**£21.50**
LASH TINT*	**£21.50**
LASH, BROW COMBI*	**£26**
LASH, BROW TRIPLE*	**£33**

Our skilled technicians use the exclusive Nouveau Lashes LVL system, ensuring you receive a safe, effective treatment that prioritises lash health.

LVL LASH LIFT WITH TINT** *55 minutes* **£49.50**

Our LVL (Length, Volume, Lift) lash lift treatment is a revolutionary service that enhances your natural lashes without the need for extensions or daily mascara application. It uses a gentle chemical process to curl your natural lashes from the root, creating the illusion of longer, fuller lashes without extensions. When combined with a tint, the results are truly stunning.

**Tint test is required 48 hours prior to treatment for all new clients. We advise to remove contact lenses prior to treatment.*
Re-test needed if more than 12 months between appointments, or your medical record has changed.
*We do not tint throughout pregnancy. You must be over 16 for all tinting. **A patch test is required 48 hours prior to treatment.*

Younger Generation

Ideal treatments for 14-18 year olds. An early introduction to skincare and nailcare helping to establish a routine that will last a lifetime. A parent or guardian is required to be present throughout treatments for children under 18 years.

TEEN CLEANSE	*25 minutes*	**£27.50**
TEEN PRESCRIPTIVE FACIAL	*40 minutes*	**£36**
TEEN MANI EXPRESS	*30 minutes*	**£24.50**
TEEN PEDI EXPRESS	*30 minutes*	**£24.50**

Bridal Service

Top to toe consultation, pre-wedding programme tailored to the individual. Please ask for our separate guide to your "Wedding Day Countdown" giving you tips & advice for your important day.

www.lavenderbarnbeauty.co.uk/treatments/bridal

PRE WEDDING PAMPER PREP *3.5 hours* **£157 (SAVING OF £17.50)**

This package gives you relaxation time and takes care of the essentials needed for you to look perfect in every way on your big day! To include Facial, Pedicure, Jessica Manicure, Eyelash Tint and Eye Brow Shape.

Recommended 1 week before the big day!

GROOM *2 hours* **£109 (SAVING OF £12.50)**

1 hour massage, energising facial and nail tidy.

THE HEN PARTY

We have created the hen party package with price in mind, and with Charnock Farm motel rooms, restaurant and lakeside coffee house this makes us a lovely venue to relax with friends and family.

Please ask for details.

GENERAL ADVICE:

- Please read and understand the pre and aftercare advice prior to your visit.
  See online **www.lavenderbarnbeauty.co.uk/about/aftercare-advice**

CONDITIONS WHEN BOOKING:

- Please inform your therapist of any changes to your medical record. Ensure you have read the pre and aftercare advice online. Your therapist will take you through your aftercare, we also have a full copy online to refer to.
- It is advisable not to undergo any heat treatments (sauna, steam, sunbed) before or after waxing, and any skin peels.
- It is advisable to bring open toe shoes when having a pedicure so not to disturb the polish afterwards.
- Courses are valid for six months, they are not transferable or refundable.
- Treatments in excess of three hours will require a 50% deposit.
- Cancellations require 48 hours notice, we are an extremely busy salon and need time to be able to fill your appointment. (Answer machine available when reception closed or reception team are busy). Please note we are closed on Sunday and Monday. You can cancel and move appointments up to 48 hours online.
- The timings for treatments are approximate and include time for you at the beginning and end of the treatment. Please allow time after treatment to relax in reception.
- Salon etiquette, please respect other guests! Our salon environment is one of tranquillity and relaxation. Please switch off mobiles!
- All treatments booked are subject to medical status. We reserve the right to refuse treatments if we feel it is not in the best interest of the Client. See medical advice online **www.lavenderbarnbeauty.co.uk/about/aftercare-advice**



Lavender Barn

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www.lavenderbarnbeauty.co.uk