Carbon Reduction Plan

CHRISTINE-MARIE CARE LIMITED

Plan details	
Plan publication date	1 September 2026
Baseline emissions year	2025
Most recent reporting year	2025
Net Zero commitment	2050

1. Introduction

At Christine-Marie Care, we recognise our responsibility to reduce the environmental impact of our services while continuing to provide safe, reliable care. Our services involve travel to people's homes and other community settings, office operations, clinical supplies and the use of equipment. These are the practical areas where we can make a difference.

We already use Birdie for electronic care plans, risk assessments, daily notes and care monitoring. This reduces our dependence on paper records and supports effective communication between our staff and management team. We will build on this by monitoring travel, energy use and waste, and by making responsible purchasing decisions.

2. Commitment to Net Zero

Christine-Marie Care is committed to achieving Net Zero greenhouse gas emissions by 2050. We support the NHS ambition to reduce emissions across health and care services and will apply the measures in this plan to our own operations and to the services we deliver under NHS contracts.

3. Baseline emissions footprint

Baseline year: 2025. This is the first year used for our Carbon Reduction Plan and provides the reference point for measuring future reductions. Emissions are expressed as tonnes of carbon dioxide equivalent (tCO_2e). Our baseline emissions have been calculated from our 2025 operational activity using the UK Government's 2025 greenhouse gas conversion factors.

Emission scope	2025 emissions (tCO_2e)
Scope 1 – direct emissions	0.00
Scope 2 – purchased electricity	1.77
Scope 3 – selected indirect emissions	46.01
Total emissions	**47.78**

The calculation is based on annual office electricity consumption of 10,000 kWh, business travel of 100,000 miles and employee commuting of 70,000 miles. No company-controlled fuel combustion has been included in Scope 1. The Scope 3 breakdown reflects the five categories specified in the Carbon Reduction Plan reporting standard.

Scope 3 emissions breakdown

Scope 3 category	2025 emissions (tCO_2e)
Upstream transportation and distribution	0.10
Waste generated in operations	0.15
Business travel	26.92
Employee commuting	18.84
Downstream transportation and distribution	0.00
Total Scope 3 emissions	**46.01**

Downstream transportation and distribution is recorded as zero because the services included in this plan do not involve distribution of sold physical goods. The Scope 3 figures focus on the reporting categories required by PPN 006.

4. Current emissions reporting

Most recent reporting year: 2025. Because this is our first Carbon Reduction Plan, the current reporting year and baseline year are the same. Reductions will be measured against this baseline in subsequent annual reports.

Emission scope	2025 emissions (tCO_2e)
Scope 1	0.00
Scope 2	1.77
Scope 3	46.01
Total emissions	**47.78**

5. Emissions reduction targets

We aim to reduce our reported carbon emissions by 15% by 2030 compared with the 2025 baseline. This equates to a reduction from 47.78 tCO_2e to approximately 40.61 tCO_2e per year. We will review progress annually and use what we learn to set further improvements on the path to Net Zero by 2050.

6. Carbon reduction measures already in place

Electronic care records

We use Birdie to record and review care plans, risk assessments and care delivery electronically. Staff and managers can access relevant records without routinely printing and transporting paper files. We also use electronic communication where appropriate for service updates and administrative work.

7. Further carbon reduction measures

Staff travel and rota planning

Travel is the largest source of emissions in our current footprint. We will take account of staff location and journey length when allocating shifts, while continuing to prioritise the needs of the client, staff competencies and consistency of care.

- Review care rotas to reduce avoidable travel between visits and care locations.
- Monitor business mileage so that travel patterns and opportunities to reduce journeys are visible.
- Use telephone or video meetings where attendance in person is not necessary.
- Encourage lower-emission journeys and car sharing where these are practical and appropriate.

Energy use

We will monitor office electricity consumption, encourage staff to turn off unused lights and equipment, and prioritise energy-efficient options when replacing office equipment. Renewable electricity options will be considered when purchasing arrangements are reviewed.

Paper, purchasing and waste

We will continue to limit unnecessary printing, use electronic documents where appropriate and support recycling of paper, cardboard and packaging. When buying equipment and supplies, we will consider product lifespan, packaging and avoidable waste. Decisions about clinical products and personal protective equipment will always be led by safe care and infection prevention requirements.

Staff involvement

Our managers will discuss practical environmental improvements during staff communications and team meetings. Staff will be encouraged to raise ideas for reducing unnecessary journeys, paper use, energy consumption and waste.

8. Monitoring and review

The Registered Manager and management team are responsible for overseeing delivery of this plan. We will record and review business mileage, office energy consumption, staff commuting information and waste arrangements. Emissions will be recalculated annually using the relevant UK Government conversion factors.

We will review progress against the 2030 target each year, identify any areas where emissions are rising and agree practical actions. We will update this Carbon Reduction Plan at least annually and make the current version available on our website.

9. Declaration and sign-off

This Carbon Reduction Plan has been prepared with reference to PPN 006, the Greenhouse Gas Protocol Corporate Standard, the Corporate Value Chain (Scope 3) Standard and the UK Government's environmental reporting guidance. It covers Scope 1 and Scope 2 emissions and the five Scope 3 categories required by the Carbon Reduction Plan reporting standard.

The plan sets out Christine-Marie Care's commitment to achieving Net Zero by 2050 and the environmental management measures we will apply to our services.

Signed on behalf of Christine-Marie Care Limited

Director's name: _____Martin Nyoni_____

Position: _____Registered Manager_____

Date of approval: ____03/01/2026_____

Signature: 