

Anglesey Dementia Centre

OPEN TUESDAY TO FRIDAY 10AM – 4PM.

DROP IN FOR A CHAT ANY TIME. PLEASE SEE BELOW FOR SPECIFIC GROUPS.

AUGUST CALENDAR

FOR MORE INFORMATION OR TO BOOK, PLEASE CONTACT CAIGHREINE MATHIE ON 07943 419787

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
CLOSED	CENTRE OPEN	12pm-1.30pm – Cinio Ni 2pm-4pm– Taith Ni Beauty treatments from Lhotse	12pm-1.30pm – Glanhwfa Roast 1pm-2.45pm– Hanes Ni (Reminiscence group)	11.30am Beaumaris Bowling green followed by lunch
10	11	12	13	14
CLOSED	CENTRE CLOSED DUE TO THE ANGLESEY SHOW	CENTRE CLOSED DUE TO THE ANGLESEY SHOW	12pm-1.30pm – Glanhwfa Roast 1pm-2.45pm– Hanes Ni (Reminiscence group)	11am-12pm – Exercise with Mon Actif 12pm-1pm – Cinio Ni 1pm-2.15pm – Cân Ni
17	18	19	20	21
CLOSED	CENTRE CLOSED	12pm-1.30pm – Cinio Ni 2pm-4pm– Taith Ni	12pm-1.30pm – Glanhwfa Roast 1pm-2.45pm– Hanes Ni (Reminiscence group)	11am-12pm – Exercise with Mon Actif 12pm-1pm – Cinio Ni 1pm-2.15pm – Cân Ni
24	25	26	27	28
CLOSED	CENTRE OPEN	12pm-1.30pm – Cinio Ni 2pm-4pm– Taith Ni	12pm-1.30pm – Glanhwfa Roast 1.30pm-3.30pm – Hanes Ni (Reminiscence group)	11am-12pm – Exercise with Mon Actif 12pm-1pm – Cinio Ni 1pm-2.15pm – Cân Ni
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CLOSED BANK HOLIDAY				

ADDRESS: CAPEL MOREIA, LLANGEFNI, LL77 7EN