



A MESSAGE FROM THE NURSERY MANAGEMENT TEAM

As we step into February, we're feeling incredibly grateful for the warmth and support that continues to surround Millwood House.

January is always a month of settling back in, reconnecting, and finding our rhythm again, and the children have done just that with such confidence and joy. It's been lovely to see their friendships flourish and their curiosity spark as they explore new activities and routines.

This month brings fresh opportunities, new learning themes, and plenty of moments to celebrate the children's achievements — big and small. As always, we remain committed to providing a homely, nurturing environment where every child feels safe, valued, and encouraged to shine in their own unique way.

A LOOK BACK AT LAST MONTH

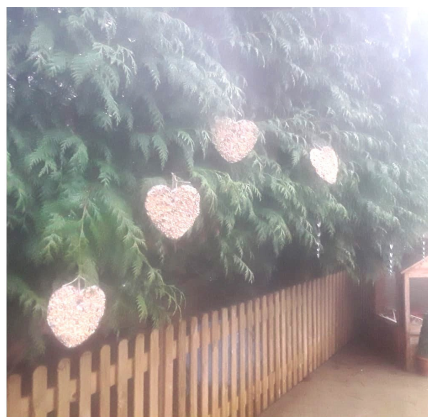
Last month, the Ladybirds had a wonderful time taking part in the Big Garden Birdwatch. The children wrapped up warm and headed outside to see what they could spot in our garden. We counted the birds we saw together and submitted our findings — a lovely opportunity to explore nature and practise early maths skills.

In the Caterpillar Room, the children enjoyed exploring sinking and floating using a range of resources from around the room. They also took part in National Australia Day, learning about kangaroos, the Australian climate, and creating their own traditional-style artwork. To finish the month, they had great fun mark-making and painting their own polar bear pictures.

The Butterfly Room has been full of wintery fun. The children explored ice painting on foil, enjoyed winter yoga, and got moving with music and movement sessions. There were lots of giggles as we waddled like penguins and learned about the equator and how different parts of the world experience the seasons.







WHAT'S HAPPENING THIS MONTH IN THE LADYBIRD ROOM



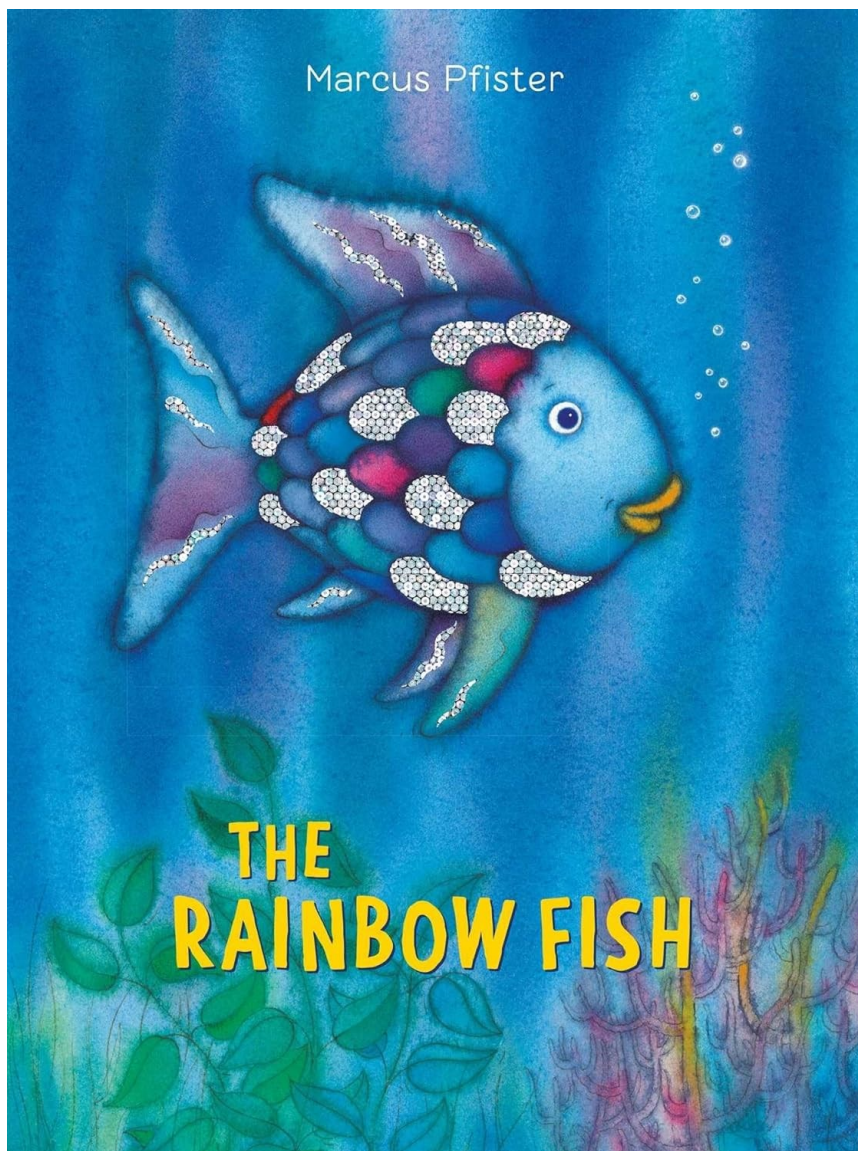
The Ladybird topic this month will be ***Under the Sea***.

We'll be decorating the room with jellyfish and rainbow fish that the children will create using a variety of materials and textures. We'll also be singing *Five Little*

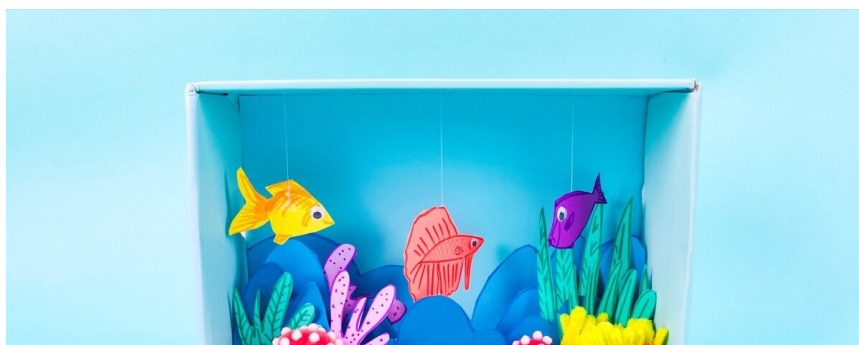
Ducks and exploring a range of sea-themed small-world animals to spark curiosity and imaginative play.

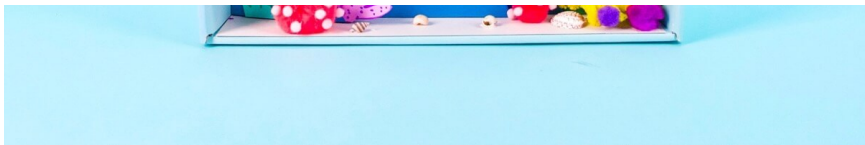
- On **10th February** the Ladybirds will enjoy a “Spa Day” filled with relaxing music, scented playdough, yoga and a petal sensory tray. They can wear pyjamas if they wish

The ladybird book of the month will be: **The Rainbow Fish by Marcus Pfister**



WHAT'S HAPPENING THIS MONTH IN THE CATERPILLAR ROOM



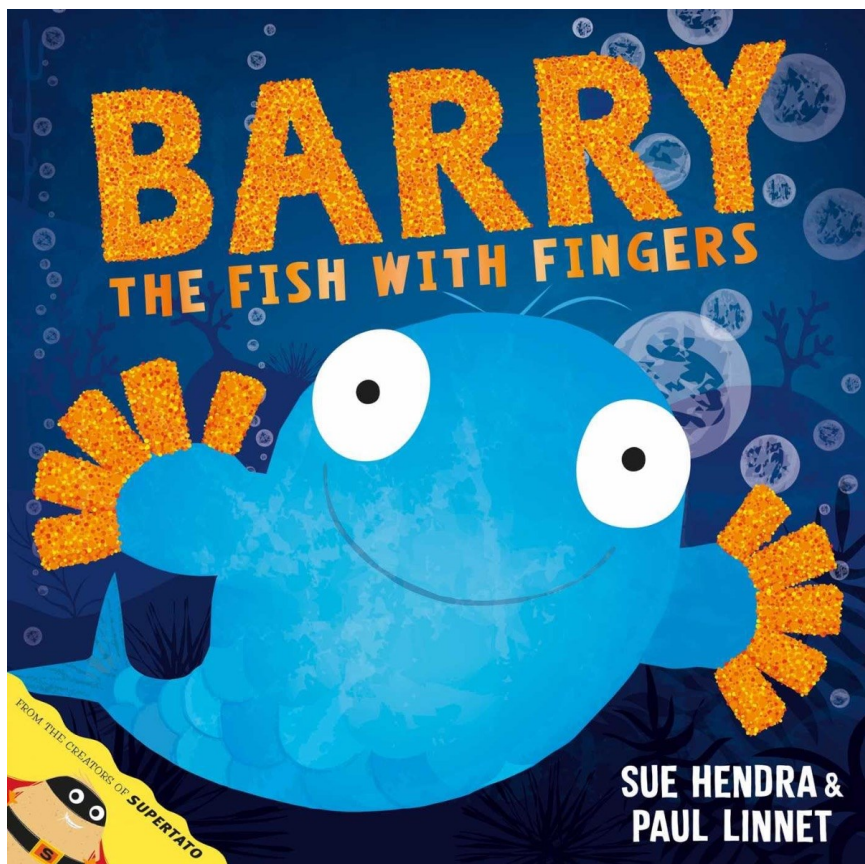


This month, the Caterpillars will be exploring an ***Under the Sea*** theme.

The children will enjoy water play, mark-making activities, and creating their very own aquarium using a range of materials. Alongside this, we'll be talking about the importance of kindness and love, helping the children build positive relationships and gentle social skills.

- **13th February**, Caterpillars will celebrate Valentines Day, Children can wear red or pink if they wish.
- **17th February** the Caterpillars will observe Random Acts of Kindness Day.

The Caterpillars book of the month will be: **Barry the Fish with Fingers** by Sue Hendra



WHAT'S HAPPENING THIS MONTH IN THE BUTTERFLY ROOM





This month, the Butterflies will be exploring an ***All About Me*** topic.

We'll be learning about different emotions and practising simple ways to understand and manage them. The children will also spend time thinking about who they are, what makes them unique, and how they are similar to and different from their friends. We'll be talking about the things we like and dislike — both in our play at nursery and at home — helping the children build confidence, self-awareness, and positive relationships.

The Butterflies will be reading “We All Belong” by Nathalie Goss and Alex Goss



SUPPORTING YOUR CHILD AT HOME

Here are a few simple and fun ideas to explore together:

Water Play at Home

Fill a bowl, tray, or the bath with water and add spoons, cups, and sea-themed toys.

Encourage pouring, scooping, and splashing to build fine motor skills.
Add blue food colouring or bubble bath for extra fun.

Story Time

Read books about the ocean, fish, or sea creatures.
Talk about the colours, shapes, and sizes of the animals.
Ask simple questions like “Which one is your favourite?” or “Where do you think this animal lives?”

Creative Crafts

Make jellyfish using paper plates and ribbon or wool.
Create rainbow fish with foil, tissue paper, or stickers.
Draw or paint underwater scenes together.

Supporting your child’s learning at home with “All About Me”

Use everyday moments to name emotions: *happy, sad, excited, worried*.
Encourage your child to tell you how they feel and why.
Model simple strategies like deep breaths or cuddles when emotions feel big.

Celebrate What Makes Them Unique

Look in the mirror together and talk about hair colour, eye colour, height, and smiles.
Chat about things they’re good at and things they enjoy.
Share what makes each family member special too.

Family Photos

Look through baby photos or family pictures.
Talk about who is in the photos and special memories you share.
Children love hearing stories about themselves.

Likes and Dislikes

Talk about favourite toys, foods, colours, and activities.
Encourage your child to explain *why* they like something.
Celebrate differences within the family — it helps build confidence and respect.

Story Time

Read books about feelings, families, and identity.
Pause to ask simple questions like “How do you think they feel?” or “What would you do?”

These small activities help reinforce what the children are exploring in nursery and make learning feel fun, natural, and connected between home and Millwood House.

FESTIVALS THE CHILDREN WILL CELEBRATE

Monday 16th February, We will be celebrating Chinese New Year, staff and children are invited to wear red, a symbol of good luck in China

Tuesday 17th February, Pancake Day, the children will have pancake themed tuff trays and watch pancakes being made and enjoy them for tea

Friday 27th February, is St Davids Day we will enjoy themed crafts and enjoy Welsh Cakes

DATES FOR YOUR DIARY

Friday 13th March we will hold Mother's Day breakfast

Tuesday 31st March is our annual Bake-Off, if anyone has a charity they would like us to fund raise for, please get in touch

Friday 19th June we will have Father's Day breakfast

Wednesday 24th June is Sports Day

Tuesday 28th July is our Graduation and summer party

☆ WE NEED YOUR STAR POWER! ☆ SHARE YOUR MILLWOOD HOUSE EXPERIENCE

We absolutely love being part of your child's journey, watching them learn, grow, and thrive here every day.

We believe in continuous improvement, and the best way we can ensure we're providing outstanding care is by hearing directly from you!

Why Your Feedback Matters

Your reviews on Google are incredibly important! They help us:

Celebrate the hard work and dedication of our brilliant staff (especially those in the Caterpillar and Butterfly Rooms!).

Guide other local families who are looking for the perfect nursery.

Improve our service and facilities.

Tell Us What You Think!

It only takes two minutes to make a huge difference.

Please consider sharing your honest feedback about:

The warmth and professionalism of our staff.

The progress in your child's development (confidence, communication, etc.).

Our amazing outdoor space and activities.



review us



We have had some lovely reviews left for us on [The Day Nurseries website](#), please feel free to leave a [review](#) and also on [google](#). You can ask member of staff for a form or use the QR code link that can be found on the outdoor notice boards

In addition we would encourage your review and positive comments on our [google](#) business page.



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